

APPENDIX – Composition and Indications of 148 Prescriptions

1. Aconite and Ginseng Decoction

附子人参湯

Fu-zi-Ren-Shen-Tang

bushininjinto

Composition	Indications
Ginseng 3.0g	1. Acute enteritis (diarrhea)
Licorice root 3.0g	2. Acute gastritis
Atractylodes ovatae rhizoma 3.0g	3. Irritable bowel syndrome
Steamed and dried ginger 3.0g	4. Intercostal neuralgia
Prepared aconite root 1.0g	

2. Angelica and Peony Powder

当帰芍薬散

Dang-Gui-Shao-Yao-San

tokishakuyakusan

Composition	Indications
Japanese angelica root 3.0g	1. Irregular menstruation
Cnidium rhizoma 3.0g	2. Dysmenorrhea
White peony root 4.0-6.0g	3. Endometriosis
Tuckahoe 4.0g	4. Menopausal disorder
Atractylodes ovatae rhizoma 4.0g	5. Sterility,
Arisma rhizoma 4.0-5.0g	6. Infertility (prevention of miscarriage)
	7. Alzheimer disease
	8. Vascular dementia
	9. Hiesho*

3. Angelica and Peony Powder plus Aconite

当帰芍薬加附子湯

Dang-Gui-Shao-Yao-Ja-Hu-Zi-San

tokishigyakukabushito

Composition	Indications
Japanese angelica root 3.0g	1. Dysmenorrhea
Cnidium rhizoma 3.0g	2. Endometriosis
White peony root 6.0g	3. Irregular menstruation
Tuckahoe 4.5g	4. Sterility
Atractylodes ovatae rhizoma 4.5g	5. Menopausal disorder
Arisma rhizoma 3.5g	6. Hiesho*
Prepared aconite root 1.0g	

4. Angelica Decoction

当帰湯

Dang-Gui-Tang

tokito

Composition	Indications
Japanese angelica root 4-5g	1. Irritable bowel syndrome
Pinellia tuber 4-5g	2. Angina pectoris
White peony root 3-4g	
Magnolia bark 2.5-3g	
Cassia twig 2.5-3g	
Ginseng 2.5-3g	
Steamed and dried ginger 1.5g	
Astragalus root 1.5g	
Zanthoxylum fruit 1.5g	
Licorice root 1.0g	

5. Angelica Middle-Strengthening Decoction

当帰建中湯

Dang-Gui-Jian-Zhong-Tang

tokikenchuto

Composition	Indications
Japanese angelica root 4.0g	1. Dysmenorrhea
Cassia twig 4.0g	2. Hemorrhoids
Dried ginger 4.0g	3. Anemia
Chinese date 4.0g	
White peony root 5-6g	
Licorice root 2.0g	
Malt sugar 20.0g	

6. Angelica Decoction, Antipruritus

当帰飲子

Dang-Gui-Yin-Zi

tokiinshi

Composition	Indications
Japanese angelica root 5.0g	1. Pruritus
White peony root 3.0g	2. Chronic eczema
Cnidium rhizoma 3.0g	3. Atopic dermatitis
Puncturevine caltrop fruit 3.0g	
Divaricate saposnikovia root 3.0g	
Dried rehmannia root 4.0g	
Fineleaf schizonepeta herb 1.5g	
Astragalus root 1.5g	
Fleeceflower root 2.0g	
Licorice root 1.0g	

7. Antiphlogistic Decoction with Ten Herbs

十味敗毒湯

Shi-Wei-Bai-Du-Tang

jumihaidokuto

Composition	Indications
Bupleurum root 2.0-3.0g	1. Seborrheic dermatitis and dandruff
Pruni jamasakura bark 2.0-3.0g or Quercus bark 2.0-3.0g	2. Pyoderma, folliculitis, furunculosis
Balloonflower root 2.0-3.0g	3. Atopic dermatitis, eczema
Cnidium rhizoma 2.0-3.0g	4. Urticaria
Tuckahoe 2.0-4.0g	5. Pulmopantar pustolosis
Double-teeth pulbescent angelica root 1.5-3.0g	
Divaricate saposnikovia root 1.5-3.0g	6. Rosacea
Licorice root 1.0-1.5g	7. Acne
Dried ginger 1.0g	
Fineleaf schizonepeta herb 1.0-1.5g	
Forsythia capsule 2.0-3.0g	

8. Areca Seed Decoction with Nine Herbs

九味檳榔湯

Jiu-Wei-Bing-Lang-Tang

kumibinroto

Composition	Indications
Areca seed 4.0g	1. Irritable bowel syndrome
Magnolia bark 3.0g	2. Subileus
Cinnamon bark 3.0g	3. Congestive heart failure
Mandarine orange peel 3.0g	4. Beriberi
Perilla leaf 1.5g	
Licorice root 1.0g	
Rhubarb 1.0g	
Dried ginger 1.0g	
Aucklandia root 1.0g	
Medicinal evodia root 1.0g	
Tuckahoe 3.0g	

9. Astragalus Middle-Strengthening Decoction

黄耆建中湯

Huang-Qi-Jian-Zhong-Tang

ogikenchuto

Composition	Indications
Cassia twig 3-4g	1. Decubitus
Dried ginger 3-4g	2. Urticaria
Chinese date 3-4g	3. Atopic dermatitis
White peony root 6.0g	4. Suppurations of skin
Licorice root 2-3g	5. Night sweat
Astragalus root 3-4g	6. Anal fistula
Malt sugar 20.0g	7. Weak constitution

10. "B" Character Decoction

乙字湯

Yi-Zi-Tang

otsujito

Composition	Indications
Japanese angelica root 4.0-6.0g	1. Hemorrhoids
Bupleurum root 4.0-6.0g	2. Anogenital pruritus
Scutellaria root 3.0g	
Licorice root 2.0-3.0g	
Cimicifuga rhizoma 1.0-2.0g	
Rhubarb 0.5-1.5g	

11. Back to the Spleen Decoction

帰脾湯

Gui-Pi-Tang

kihito

Composition	Indications
Ginseng 2-3g	1. Stasis, depressed state
Atractylodes ovatae rhizoma 2-3g	2. Insomnia
Tuckahoe 2-3g	3. Anxiety disorder
Astragalus root 2-3g	4. Dysfunctional uterine bleeding
Japanese angelica root 2.0g	5. ITP
Thinleaf milkwort root 1-2g	6. Anemia
Licorice root 1.0g	
Aucklandia root 1.0g	
Chinese date 1-2g	
Dried ginger 1-1.5g	
Wild jujube seed 2-3g	
Longan aril 2-3g	

12. Balloon Flower Root and Gypsum

桔梗石膏

Jie-Geng-Shi-Gao

kikyosekko

Composition	Indications
Balloonflower root 3.0g	
Gypsum 10.0g	It adds for the effect reinforcement due to the inflammation and suppuration disease.

13. Balloon Flower Root Decoction

桔梗湯

Jie-Gebg-Tang

kikyoto

Composition	Indications
Balloonflower root 2.0g	1. Peritonsillitis
Licorice root 1.0-3.0g	

14. Bamboo Shavings Gallbladder-Warming Decoction

竹茹温胆湯

Zhu-Ru-Wen-Dan-Tang

chikujountanto

Composition	Indications
Bupleurum root 3-5g	1. Bronchitis
Bamboo shavings 3.0g	2. Pneumonia
Tuckahoe 3.0g	3. Insomnia
Dwarf lilyturf root 3-4g	
Dried ginger 3.0g	
Pinellia Tuber 3-5g	
Nutgrass galingale rhizoma 2.0g	
Balloonflower root 2-3g	
Tangerine peel 2-3g	
Immature bitter orange 1-2g	
Coptis rhizoma 1-2g	
Licorice root 1.0g	
Ginseng 1-2g	

15. Bupleurum and Cassia Twig Decoction

柴胡桂枝湯

Chai-Hu-Gui-Zhi-Tang

saikokeishito

Composition	Indications
Bupleurum root 5.0g	1. Common cold
Pinellia tuber 4.0g	2. Bronchitis
Scutellaria root 2.0g	3. Dyspepsia, chronic gastritis
Licorice root 1.5-2g	4. Gastroduodenal ulcer
Cinnamon bark 2-3g	5. Irritable bowel syndrome
White peony root 2-3g	6. Cholelithiasis
Chinese date 2.0g	7. Chronic hepatitis
Ginseng 2.0g	8. Anxiety disorder
Dried ginger 1.0g	9. Epilepsy

16. Bupleurum Cassia Twig and Dried Ginger Decoction

柴胡桂枝乾姜湯

Chai-Hu-Gui-Zhi-Gan-Jiang-Tang

saikokeishikankyoto

Composition	Indications
Bupleurum root 5-6g	1. Common cold
Cinnamon bark 3.0g	2. Bronchitis
Scutellaria root 3.0g	3. Anxiety disorder
Oyster shell 3.0g	4. Insomnia
Licorice root 2.0g	5. Chronic hepatitis
Snakegourd fruit 3-4g	6. Arrhythmia
Steamed and dried ginger 2.0g	7. Chronic purulent inflammation

17. Bupleurum Liver-Clearing Decoction

柴胡清肝湯

Chai-Hu-Qing-Gan-Tang

saikoseikanto

Composition	Indications
Bupleurum root 2.0g	1. Atopic dermatitis, eczema
Japanese angelica root 1.5g	2. Acute and chronic tonsillitis
White peony root 1.5g	
Cnidium rhizoma 1.5g	
Dried rehmannia root 1.5g	
Coptis rhizoma 1.5g	
Scutellaria root 1.5g	
Chinese corktree bark 1.5g	
Cape jasmine fruit 1.5g	
Forsythia capsule 1.5g	
Balloonflower root 1.5g	
Arctium fruit 1.5g	
Snakegourd fruit 1.5g	
Wild mint 1.5g	
Licorice root 1.5g	

18. Bupleurum plus Dragon's Bone and Oyster Shell Decoction

柴胡加竜骨牡蛎湯

Chai-Hu-Jia-Long-Gu-Mu-Li-tang

saikokaryukotsuboreito

Composition	Indications
Bupleurum root 4-5g	1. Anxiety disorder, panic disorder
Pinellia tuber 4.0g	2. Insomnia
Tuckahoe 2-3g	3. Hypertension
Cinnamon bark 2-3g	4. Menopausal syndrome
Chinese date 2-2.5g	5. Arrhythmia
Ginseng 2-2.5g	6. Hyperthyroidism
Oyster shell 2-2.5g	7. Conversion disorder
Dried ginger 2-3g	
Scutellaria root 2.5g	
Rhubarb 1.0g	
Dragon's bone 2-2.5g	

19. Cape Jasmine and Corktree Bark Decoction

梔子柏皮湯

Zhi-Zi-Bai-Pi-Tang

shishihakuhito

Composition	Indications
Cape jasmine fruit 3.0g	1. Atopic dermatitis
Licorice root 1.0g	2. Acute and chronic hepatitis
Chinese corktree bark 2.0g	

20. Capillary Wormwood Decoction

茵陳蒿湯

Yin-Chen-Hao-Tang

inchinkoto

Composition	Indications
Rhubarb 0.8-2g	1. Acute and chronic hepatitis
Cape jasmine fruit 2-3g	2. Urticaria
Capillary wormwood herb 4-6g	3. Cholecystitis · cholelithiasis

21. Capillary Wormwood plus Poria Powder with Five Herbs

茵陳五苓散

Yin-Chen-Wu-Ling-san

inchingoreisan

Composition	Indications
Arisma rhizoma 4.5-6g	1. Acute and chronic hepatitis
Swordlike atractylodes rhizoma 3-4.5g	2. Liver cirrhosis with ascites
Umbellate pore fungus 3-4.5g	3. Nephrotic syndrome
Tuckahoe 3-4.5g	
Cinnamon bark 2-3g	
Capillary wormwood herb 3-4g	

22. Cassia Twig and Tuckahoe Pill

桂枝茯苓丸

Gui-Zhi-Fu-Ling-Wan

keishibukuryogan

Composition	Indications
Cinnamon bark 4.0g	1. Dysmenorrhea
Tuckahoe 4.0g	2. Endometriosis
Tree peony bark 4.0g	3. Dysfunctional uterine bleeding
Peach kernel 4.0g	4. Irregular menstruation
White peony root 4.0g	5. Leiomyoma of the uterus
	6. Menopausal syndrome
	7. Sterility
	8. Low back pain
	9. Hemorrhoids

23. Cassia Twig and Tuckahoe Pill plus Coix Seed

桂枝茯苓丸料加薏苡仁

Gui-Zhi-Fu-Ling-Wan-Liao-Jia-Yi-Yi-Ren

keishibukuryoganryokayokuinin

Composition	Indications
Cassia twig 4.0g	1. Acne
Tuckahoe 4.0g	2. Spot
Tree peony bark 4.0g	3. Hand and finger dermatitis
Peach kernel 4.0g	
White peony root 4.0g	
Coix seed 10.0-20.0g	

24. Cassia Twig Decoction plus Atractylodes and Aconite

桂枝加朮附湯

Gui-Zhi-Jia-Shu-Fu-Tang

keishikajutsubuto

Composition	Indications
Cinnamon bark 4.0g	1. Rheumatoid arthritis
White peony root 4.0g	2. Neuralgia
Chinese date 4.0g	3. Neck pain
Dried ginger 1.0g	4. Low back pain
Licorice root 2.0g	5. Sinusitis
Atractylodes ovatae rhizoma 4.0g	6. Sequela of cerebrovascular disorder
Prepared aconite root 0.5-1g	

25. Cassia Twig Decoction plus Peony

桂枝加芍藥湯

Gui-Zhi-Jia-Shao-Yao-Tang

keishikashakuyakuto

Composition	Indications
Cinnamon bark 4.0g	1. Irritable bowel syndrome
White peony root 6.0g	2. Constipation
Chinese date 4.0g	3. Ulcerative colitis
Dried ginger 1.0g	4. Dyspepsia
Licorice root 2.0g	5. Abdominal pain
	6. Urge urinary incontinence

26. Cassia Twig Decoction plus Peony and Rhubarb

桂枝加芍藥大黃湯

Gui-Zhi-Jia-Shao-Yao-Da-Huang-Tang

keishikashakuyakudaio

Composition	Indications
Cinnamon bark 4.0g	1. Constipation
White peony root 6.0g	2. Irritable bowel syndrome
Chinese date 4.0g	3. Ulcerative colitis
Dried ginger 1.0-2.0g	
Licorice root 2.0g	
Rhubarb 1.0-2.0g	

27. Cassia Twig Decoction plus Pueraria

桂枝加葛根湯

Gui-Zhi-Jia-Ge-Gen-Tang

keishikakakonto

Composition	Indications
Cinnamon bark 3.0-4.0g	1. Common cold
White peony root 3.0-4.0g	2. Influenza
Chinese date 3.0-4.0g	
Dried ginger 1.0g	
Licorice root 2.0g	
Pueraria root 6.0g	

28. Cassia Twig Decoction plus Tuckahoe, Atractylodes and Aconite

桂枝加苓朮附湯

Gui-Zhi-Jia-Ling-Shu-Fu-Tang

keishikaryojutsubuto

Composition	Indications
Cinnamon bark 4.0g	1. Rheumatoid arthritis
White peony root 4.0g	2. Neuralgia
Chinese date 4.0g	3. Neck pain
Dried ginger 1.0g	4. Low back pain
Licorice root 2.0g	5. Sinusitis
Tuckahoe 4.0g	6. Sequela of cerebrovascular disorder
Atractylodes ovatae rhizoma 4.0g	
Aconite root 0.5-1.0g	

29. Cassia Twig Peony, and Anemarrhena Decoction

桂芍知母湯

Gui-Shao-Yao-Zhi-Mu-Tang

keishakuchimoto

Composition	Indications
Cinnamon bark 3.0g	1. Rheumatoid arthritis
Common anemarrhena rhizoma 3.0g	2. Arthropathy
Divaricate saposnikovia root 3.0g	3. Neuralgia
Dried ginger 1.0g	
White peony root 3.0g	
Ephedra 3.0g	
Atractylodes ovatae rhizoma 4.0g	
Licorice root 1.5g	
Prepared Aconite root 1.0g	

30. Cassia Twig plus Astragalus Decoction

桂枝加黃耆湯

Gui-Zhi-Jia-Huang-Qi-Tang

keishikaogito

Composition	Indications
Cassia twig 3-4g	1. Pyoderma
White peony root 3-4g	2. Atopic dermatitis
Chinese date 3-4g	3. Urticaria
Dried ginger 4.0g	
Licorice root 2.0g	
Astragalus root 3-4g	

31. Cassia Twig plus Dragon's Bone and Oyster Shell Decoction

桂枝加竜骨牡蛎湯

Gui-Zhi-Jia-Long-Gu-Mu-Li-Tang

keishikaryukotsuboreito

Composition	Indications
Cinnamon bark 3-4g	1. Anxiety disorder
White peony root 3-4g	2. Insomnia
Chinese date 3-4g	3. Nocturnal enuresis
Dried ginger 3-4g	4. Arrhythmia
Licorice root 2.0g	5. Nocturnal emission
Dragon's bone 2.0g	
Oyster shell 3.0g	

32. Cassia Twig plus Ginseng Decoction

桂枝人參湯

Gui-Zhi-Ren-Shen-Tang

keishininjinto

Composition	Indications
Cinnamon bark 4.0g	1. Dyspepsia
Ginseng 3.0g	2. Chronic diarrhea, IBS (diarrhea type)
Atractylodes ovatae rhizoma 3.0g	3. Acute enterogastritis
Licorice root 3.0g	4. Headache, migraine
Steamed and dried ginger 2.0g	

33. Cassia Twig plus Magnolia and Apricot Decoction

桂枝加厚朴杏仁湯

Gui-Zhi-Jia-Hou-Pu-Xing-Ren-Tang

keishikakobokukyoninto

Composition	Indications
Cassia twig 3-4g	1. Common cold
White peony root 3-4g	2. Bronchitis
Chinese date 3-4g	3. Athma
Dried ginger 3-4g	
Licorice root 2.0g	
Magnolia bark 1-4g	
Bitter apricot kernel 3-4g	

34. Cassia Twig Decoction

桂枝湯

Gui-Zhi-Tang

keishito

Composition	Indications
Cassia twig 3-4g	1. Common cold
White peony root 3-4g	2. Influenza
Chinese date 3-4g	
Dried ginger 4.0g	
Licorice root 2.0g	

35. Channels-Dredging and Blood-Activating Decoction

疎経活血湯

Shu-Jing-Huo-Xie-Tang

sokeikakkestuto

Composition	Indications
Japanese angelica root 2.0g	1. Neck pain
Dried rehmannia root 2.0g	2. Low back pain, sciatic neuralgia
Cnidium rhizoma 2.0g	3. Rheumatoid arthritis
Swordlike atractylodes rhizoma 2.0g	4. Osteoarthritis(osteoarthritis of knee)
Tuckahoe 2.0g	5. Rotator cuff disorders
Peach kernel 2.0g	6. Neuralgia
White peony root 2.5g	7. Trigger finger (snapping finger)
Twotooth achyranthes root 1.5g	8. Thrombophlebitis
Clematidis root 1.5g	
Fourstamen stephania root 1.5g	
Notopterygii root 1.5g	
Divaricate saposnikovia root 1.5g	
Wine-fried Chinese gentian root 1.5g	
Dried ginger 1-1.5g	
Tangerine peel 1.5g	
Dahurican angelica root 1-1.5g	
Licorice root 1.0g	

36. Cimicifuga and Pueraria Decoction

升麻葛根湯

Sheng-Ma-Ge-Gen-Tang

shomakakkonto

Composition	Indications
Pueraria root 5-6g	1. Measles
Cimicifuga rhizoma 1-3g	2. Rubella
Dried ginger 1-3g	3. Varicella
White peony root 3.0g	
Licorice root 1.5-3.0g	

37. Coix Seed Decoction

薏苡仁湯

Yi-Yi-Ren-Tang

yokuininto

Composition	Indications
Ephedra 4.0g	1. Rheumatoid arthritis
Japanese angelica root 4.0g	2. Osteoarthritis
Atractylodes ovatae rhizoma 4.0g	3. Neck pain
Coix seed 8-10g	4. Rotator cuff disorders
Cinnamon bark 3.0g	
White peony root 3.0g	
Licorice root 2.0g	

38. Cold Limbs Powder

四逆散

Si-Ni-San

shigyakusan

Composition	Indications
Bupleurum root 2-5g	1. Anxiety disorder
White peony root 2-4g	2. Irritable bowel syndrome
Immature bitter orange 2.0g	3. Chronic gastritis
Licorice root 1-2g	4. Cholecystitis, cholelithiasis
	5. Conversion disorder
	6. Somatization disorder

39. Combined Minor Bupleurum Decoction and Pinellia and Magnolia Decoction

柴朴湯

Chai-Pu-Tang

saibokuto

Composition	Indications
Chinese date 2-3g	1. Asthma
Bupleurum root 4-7g	2. Acute and chronic bronchitis
Scutellaria root 3.0g	3. Dyspepsia
Tuckahoe 5.0g	4. Anxiety disorder
Perilla leaf 2.0g	
Licorice root 2.0g	
Dried ginger 3-4g	
Ginseng 2-3g	
Pinellia tuber 5-6g	
Magnolia bark 3.0g	

40. Combined Minor Bupleurum Decoction and Minor Chest Congestion Decoction

柴陷湯

Chai-Xian-Tang

saikanto

Composition	Indications
Bupleurum root 5.0-7.0g	1. Bronchitis
Pinellia tuber 5.0g	2. Dyspepsia, gastritis
Scutellaria root 3.0g	3. Pleuritis
Chinese date 3.0g	4. Anxiety disorder
Ginseng 2.0-3.0g	5. Reflux esophagitis
Coptis rhizoma 1.5g	
Licorice root 1.5-2.0g	
Dried ginger 3.0-4.0g	
Snakegourd fruit 3.0g	

41. Combined Tuckahoe Decoction and Pinellia and Magnolia Decoction

茯苓飲合半夏厚朴湯

Fu-Ling-Yin-He-Ban-Xia-Hou-Pu-Tang

bukuryoingohangekobokuto

Composition	Indications
Tuckahoe 5.0g	1. Acute or chronic gastritis
Atractylodes ovatae rhizoma 4.0g	2. Dyspepsia
Ginseng 3.0g	3. Reflux esophagitis
Dried ginger 1.0-1.5g	
Tangerine peel 3.0g	
Immature bitter orange 1.0-2.0g	
Pinellia tuber 5.0-6.0g	
Magnolia bark 3.0g	
Perilla leaf 2.0g	

42. Combined Umbellate Fungus Decoction and Four Herbs Decoction

猪苓湯合四物湯

Zhu-Ling-Tang-He-Si-Wu-Tang

choreitogoshimostuto

Composition	Indications
Each component of umbellate(Pore) Fungus decoction	1. Cystitis · urethritis
Japanese angelica root 3.0-4.0g	2. Chronic prostatitis
White peony root 3.0-4.0	3. Idiopathic renal hemorrhage
Cnidium rhizoma 3.0-4.0	4. Urinary calculus
Dried rehmannia root 3.0-4.0	

43. Combined Half Cassia Twig Decoction and Ephedra Half Decoction

桂麻各半湯

Gui-Ma-Ge-Ban-Tang

keimakakuhanto

Composition	Indications
Cassia twig 3-3.5g	1. Common cold
White peony root 2.0g	2. Influenza
Dried ginger 2.0g *	3. Urticaria
Licorice root 2.0g	
Ephedra 2.0g	
Chinese date 2.0g	
Bitter apricot kernel 2-2.5g	

44. Coptis Decoction

黃連湯

Huang-Lian-Tang

orento

Composition	Indications
Coptis rhizoma 3.0g	1. Acute and chronic gastritis
Licorice root 3.0g	2. Gastroduodenal ulcer
Steamed and dried ginger 1-3g	3. Dyspepsia
Ginseng 2-3g	4. Reflux esophagitis
Cassia twig 3.0g	5. Irritable bowel syndrome
Chinese date 3.0g	6. Stomatitis
Pinellia tuber 5-6g	7. Atopic dermatitis

45. Coptis Detoxifying Decoction

黃連解毒湯

Huang-Lian-Jie-Du-Tang
orengedokuto

Composition	Indications
Coptis rhizoma 1.5-2g	1. Anxiety disorder, insomnia
Chinese corktree bark 1.5-3g	2. Acute or chronic gastritis
Scutellaria root 3.0g	3. Gastrointestinal bleeding
Cape jasmine fruit 2-3g	4. Stomatitis, glossitis, periodontitis toothache (odontalgia) (dentalgia)
	5. Atopic dermatitis, eczema
	6. Photodermatitis
	7. Hypertension
	8. Epistaxis, gingival bleeding

46. Cyperus and Perilla Leaf Powder

香蘇散

Xiang-Su-San
kososan

Composition	Indications
Nutgrass galingale rhizoma 3.5-6g	1. Common cold
Perilla leaf 1-2g	2. Anxiety disorder
Tangerine peel 2-3g	3. Irritable bowel syndrome
Licorice root 1-1.5g	4. Urticaria (depends on the seafood)
Dried ginger 1-2g	5. Menopausal syndrome
	6. Chronic gastritis

47. Divaricate Saposhnikovia Miraculous Powder

防風通聖散

Fang-Feng-Tong-Sheng-San
bofutsushosan

Composition	Indications
Japanese angelica root 1.2g	1. Common cold, bronchitis
White peony root 1.2g	2. Sinusitis
Cnidium rhizoma 1.2g	3. Pyoderma, urticaria
Cape jasmine fruit 1.2g	4. Obesity
Forsythia capsule 1.2g	5. Hypertention
Wild mint 1.2g	6. Constipation
Dried ginger 1.2g	
Fineleaf schizonepeta herb 1.2g	
Divaricate saposhnikovia root 1.2g	
Ephedra 1.2g	
Rhubarb 0.5g	
Mirabilite 1.5g	
Atractylodes ovatae rhizoma 2.0g	
Balloonflower root 2.0g	
Scutellaria root 2.0g	
Licorice root 2.0g	
Gypsum 2-3g	
Talc 3-5g	

48. Dreging and Dissipating Powder

通導散

Tong-Dao-San
tsudosan

Composition	Indications
Japanese angelica root 3.0g	1. Contusion
Rhubarb 3.0g	2. Irregular menstruation
Mirabilite 3-4g	3. Dysmenorrhea
Immature bitter orange 2-3g	4. Hypertension
Magnolia bark 2.0g	5. Menopausal syndrome
Tangerine peel 2.0g	6. Constipation
Akebia stebia stem 2.0g	
Safflower 2.0g	
Sappan wood 2.0g	
Licorice root 2.0g	

49. Dwarf Lilyturf Decoction

麥門冬湯

Mai-Men-Dong-Tang
bakumondoto

Composition	Indications
Dwarf lilyturf root 8-10g	1. Bronchitis (with dry cough)
Pinellia tuber 5.0g	2. Asthma
Rice 5.0g	3. Dry eye
Chinese date 3.0g	4. Sjögren syndrome
Ginseng 2.0g	5. Dyspepsia, chronic gastritis
Licorice root 2.0g	

50. Ephedra, Aconite and Manchurian Wildginger Decoction

麻黃附子細辛湯

Ma-Huang-Fu-Zi-Xi-Xin-Tang
maobushisaishinto

Composition	Indications
Ephedra 4.0g	1. Allergic rhinitis
Manchurian wildginger herb 3.0g	2. Common cold
Prepared aconite root 1.0g	3. Bronchitis
	4. Headache

51. Ephedra, Apricot, Licorice and Gypsum Decoction

麻杏甘石湯

Ma-Xing-Gan-shi-Tang
makyokansekito

Composition	Indications
Gypsum 10.0g	1. Common cold
Bitter apricot kernel 4.0g	2. Acute and chronic bronchitis
Ephedra 4.0g	3. Asthma
Licorice root 2.0g	4. Hemorrhoids

52. Ephedra Decoction

麻黃湯

Ma-Huang-Tang
maoto

Composition	Indications
Ephedra 4.0-5.0g	1. Common cold
Bitter apricot kernel 4.0-5.0g	2. Influenza
Cinnamon bark 3.0-4.0g	3. Rhinostenosis
Licorice root 1.5-2.0g	

53. Ephedra, Apricot, Coiw and Licorice Decoction

麻杏薤甘湯

Ma-Xing-Yi-Gan-Tang
makyoyokukanto

Composition	Indications
Coix seed 10.0g	1. Rheumatoid arthritis
Bitter apricot kernel 3.0g	2. Arthralgia (joint pain)
Ephedra 4.0g	3. Myalgia
Licorice root 2.0g	4. Neuralgia
	5. Warts

54. Evodia Decoction

吳茱萸湯

Wu-Zhu-Yu-Tang
goshuyuto

Composition	Indications
Medicinal evodia root 3-4g	1. Headache, migraine
Ginseng 2-3g	2. Acute or chronic gastritis
Chinese date 3-4g	3. Gastroduodenal ulcer
Dried ginger 4-6g	4. Nausea, vomiting

55. Evodia, Fresh Ginger plus Chinese Angelica Cold Limbs Decoction

当帰四逆加呉茱萸生姜湯

Dang-Gui-Si-Ni-Jia-Wu-Zhu-Yu-Sheng-Jiang-Tang
tokishigyakukagoshuyushokyoto

Composition	Indications
Japanese angelica root 3.0g	1. Low back pain, sciatic neuralgia
Cinnamon bark 3.0g	2. Headache
Akebia stebia stem 3.0g	3. Dysmenorrhea
Manchurian wildginger herb 2.0g	4. Abdominal pain
Medicinal evodia root 1-2g	5. Raynaud's syndrome
Licorice root 2.0g	6. Chilblain(erythema pernio)
White peony root 3.0g	
Dried ginger 4.0g	
Chinese date 5.0g	

56. Five Tiger Decoction

五虎湯

Wu-Hu-Tang
gokoto

Composition	Indications
Ephedra 4.0g	1. Common cold
Bitter apricot kernel 4.0g	2. Acute and chronic bronchitis
licorice root 2.0g	3. Asthma
Gypsum 10.0g	
White mulberry root-bark 2-3g	

57. For Contusion Decoction

治打撲一方

Zhi-Da-Pu-Yi-Fang
jidabokuippo

Composition	Indications
Cassia twig 3.0g	1. Contusion
Cnidium rhizoma 3.0g	
Nuphar rhizoma 3.0g	
licorice root 1.5g	
Rhubarb 1-1.5g	
Cloves 1-1.5g	
Quercus bark 3.0g	

58. For Eczema Decoction

治頭瘡一方

Zhi-Tou-Chuang-Yi-Fang
jizusoippo

Composition	Indications
Cnidium rhizoma 3.0g	1. Atopic dermatitis, eczema
Swordlike atractylodes rhizoma 3.0g	2. Seborrheic dermatitis
Forsythia capsule 3.0g	
Divaricate saposnikovia root 2.0g	
licorice root 1.0g	
Fineleaf schizonepeta herb 1.0g	
Safflower 1.0g	
Rhubarb 0.5g	
Lonicera reef and stalk 2.0g	

59. Four Gentlemen Decoction

四君子湯

Si-Jun-Zi-Tang
shikunshito

Composition	Indications
Ginseng 4.0g	1. Chronic gastritis·gastric atony
Atractylodes ovatae rhizoma 4.0g	2. Chronic wasting disease
Tuckahoe 4.0g	
Chinese date 1-2g	
licorice root 1-2g	
Dried ginger 3-4g	

60. Four Herbs Decoction

四物湯

Si-Wu-Tang
shimotsuto

Composition	Indications
Japanese angelica root 3-4g	1. Dysmenorrhea
white peony root 3-4g	2. Irregular menstruation
Cnidium rhizoma 3-4g	3. Menopausal syndrome
Dried rehmannia root 3-4g	

61. Fourstaman Stephania Decoction

木防已湯

Mu-Fang-Yi-Tang
mokuboito

Composition	Indications
Gypsum 10.0g	1. Congestive heat failure
Fourstamen stephania root 4.0g	2. Asthma
Cinnamon bark 3.0g	
Ginseng 3.0g	

62. Gentian Liver-Purging Decoction

竜胆瀉肝湯

Long-Dan-Xie-Gan-tang
ryutanshakanto

Composition	Indications
Dried rehmannia root 5.0g	1. Cystitis, urethritis
Japanese angelica root 5.0g	2. Chronic prostatitis
Akebia stebia stem 5.0g	3. Anogenital pruritus
Scutellaria root 3.0g	4. Atopic dermatitis
Plantain seed 3.0g	5. Hypertension
Arisma rhizoma 3.0g	6. Anxiety disorder
Licorice root 1-1.5g	
Cape jasmine fruit 1-1.5g	
Wine-fried Chinese gentian root 1-1.5g	

63. Ginseng and Perilla Decoction

參蘇飲

Shen-Su-Yin
jinsoin

Composition	Indications
Pinellia Tuber 3.0g	1. Common cold
Tuckahoe 3.0g	2. Bronchitis
Lobed kudzu vine root 2.0g	3. Bronchial asthma
Balloonflower root 2.0g	
Tangerine peel 2.0g	
Chinese date 1.5g	
Ginseng 1.5g	
licorice root 1.0g	
Immature bitter orange 1-1.5g	
Perilla leaf 1-1.5g	
Dried ginger 1.5g	
White flower hogfennel root 2.0g	

64. Ginseng Decoction

人參湯

Ren-Shen-Tang
ninjinto

Composition	Indications
Ginseng 3.0g	1. Acute and chronic gastritis
Atractylodes ovatae rhizoma 3.0g	2. IBS(diarrhea type)
licorice root 3.0g	3. Acute enterogastritis
Steamed and dried ginger 2-3g	4. Anorexia

65. Ginseng Nutrition Decoction

人參養榮湯

Ren-Shen-Yang-Rong-Tang

ninjinyoeito

Composition	Indications
Ginseng 3.0g	1. Improvement of weakening according to chronic disease
Japanese angelica root 4.0g	2. After operation, after radiotherapy
white peony root 2-4g	3. Thrombocytopenia
Dried rehmannia root 4.0g	4. Mucous membrane dryness
Atractylodes ovatae rhizoma 4.0g	5. Pressure sore·chronic skin ulcer
Tuckahoe 4.0g	6. Insomnia
Cassia twig 2.5g	
Astragalus root 1.5-2.5g	
Tangerine peel 2-2.5g	
Thinleaf milkwort root 1.5-2g	
Chinese magnoliavine 1-1.5g	
licorice root 1-1.5g	

66. Goddess Powder

女神散

N'u-Shen-San

nyoshinsan

Composition	Indications
Nutgrass galingale rhizoma 3-4g	1. Anxiety disorder
Cnidium rhizoma 3.0g	2. Postpartum psychiatric disorder
Swordlike atractylodes rhizoma 3.0g	3. Irregular menstruation
Japanese angelica root 3-4g	
Scutellaria root 2-4g	
Cassia twig 2-3g	
Ginseng 1.5-2g	
Areca seed 2-4g	
Coptis rhizoma 1-2g	
licorice root 1-1.5g	
Clove flower·bud 0.5-1g	
Aucklandia root 1-2g	

67. Head-Clearing Divaricate Saposhnikovia Decoction

清上防風湯

Qing-Shang-Fang-Feng-Tang

seijobofuto

Composition	Indications
Baikai skullcap root 3.0-5.0g	1. Acne
Balloonflower root 2-3g	2. Atopic dermatitis, eczema
Cape jasmine fruit 1.5-3g	3. Common cold·tonsillitis
Cnidium rhizoma 2-3g	4. Chronic sinusitis
Divaricate saposhnikovia root 2-3g	
Dahurican angelica root 2-3g	
Forsythia capsule 2-3g	
Coptis rhizoma 1-1.5	
licorice root 1-1.5g	
Immature bitter orange 1-1.5g	
Fineleaf schizonepeta herb 1-1.5g	
Wild mint 1-1.5g	

68. Heart-Clearing Lotus Seed Decoction

清心蓮子飲

Qing-Xin-Lian-Zi-Yin

seishinrenshiin

Composition	Indications
Dwarf lilyturf root 4.0g	1. Chronic cystitis
Tuckahoe 4.0g	2. Chronic prostatitis
Baikai skullcap root 3.0g	3. Neurogenic bladder
Plantain seed 3.0g	4. Diabetes mellitus
Ginseng 3.0g	
Astragalus root 2.0g	
licorice root 1.5-2g	
Lotus seed 4.0g	
Chinese wolfberry root·bark 2.0g	

69. Hemp Seed Pill

麻子仁丸

Ma-Zi-Ren-Wan

mashiningan

Composition	Indications
Rhubarb 3.5-4g	1. Constipation·scybalum
Immature bitter orange 2.0g	2. Frequent urination (pollakiuria)
Bitter apricot kernel 2-2.5g	
Magnolia bark 2.0g	
White peony root 2.0g	
Hemp seed 4-5g	

70. Instant Effective Powder

立効散

Li-Xiao-San

rikkosan

Composition	Indications
Manchurian wildginger herb 1.5-2g	1. Toothache(odontalgia)(dentalgia)
Cimicifuga rhizoma 1.5-2g	2. Periodontitis
Divaricate saposhnikovia root 2-3g	
Licorice root 1.5-2g	
Wine-fried Chinese gentian root 1-1.5g	

71. Intestinal Carbuncle Decoction

腸癰湯

Chang-Yong-Tang

choyoto

Composition	Indications
Coix seed 9.0g	1. Appendicitis
Peach kernel 5.0g	2. Pelvic inflammatory disease
Waxgourd seed 6.0g	
Tree peony bark 4.0g	

72. Intestines-Moistening Decoction

潤腸湯

Run-Chang-Tang

junchoto

Composition	Indications
Dried rehmannia root 6.0g	1. Constipation·scybalim
Japanese angelica root 3.0g	
Scutellaria root 2.0g	
Immature bitter orange 0.5-2g	
Bitter apricot kernel 2.0g	
Magnolia bark 2.0g	
Rhubarb 1-3g	
Licorice root 1-1.5g	
Hemp seed 2.0g	

73. Kidney-Qi Pill

八味地黄丸

Ba-Wei-Di-Huang-Wan

hachimijiogan

Composition	Indications
Dried rehmannia root 5.0-6.0g	1. Chronic nephritis, nephritic syndrome
Dogwood fruit 3.0g	2. Hypertension
Chinese yam 3.0g	3. Diabetes mellitus, diabetic neuropathy
Arisma rhizoma 3.0g	4. Prostatic hypertrophy, chr. prostatitis
Tuckahoe 3.0g	5. Urge urinary incontinence
Tree peony bark 3.0g	6. Low back pain
Cinnamon bark 1.0g	7. Osteoporosis after menopause
Aconite root 1.0g	8. Cataract
	9. Senile pruritus
	10. Male infertility
	11. Erectile dysfunction
	12. Asthma
	13. Congestive heart failure

74. Licorice Decoction

甘草湯

Gan-Cao-Tang

kanzoto

Composition	Indications
Licorice root 5-8g	1. Pharyngodynia

75. Licorice, Wheat and Chinese Date Decoction

甘麦大枣湯

Gan-Mai-Da-Zao-Tang

kambakutaisoto

Composition	Indications
Chinese date 5.0g	1. Conversion disorder
Licorice root 5.0g	2. Breath holding spells
Wheat 20.0g	3. Sleep terrors
	4. Anxiety disorder

76. Life-Preserving Kidney-Qi Pill

牛車腎氣丸

Niu-Che-Shen-Qi-Wan

goshajinkigan

Composition	Indications
Dried rehmannia root 5-6g	1. Diabetic neuropathy
Asiantic cornelian cherry Fruit 3.0g	2. Low back pain, sciatic neuralgia
Chinese yam 3.0g	3. Frequent urination (pollakiuria)
Arisma rhizoma 3.0g	
Tuckahoe 3.0g	
Tree peony bark 3.0g	
Cinnamon bark 1.0g	
Prepared aconite root 0.5-1g	

77. Liver-Inhibiting Powder

抑肝散

Yi-Gan-San

yokukansan

Composition	Indications
Swordlike atractylodes rhizoma 4.0g	1. Anxiety disorder
Tuckahoe 4.0g	2. Insomnia
Cnidium rhizoma 3.0g	3. Senile dementia
Japanese angelica root 3.0g	4. Menopausal syndrome
Bupleurum root 2.0g	5. Parkinson's disease, Parkinson's syndrome
Licorice root 1.5g	6. Autism, ADHD
Gambirplant hooked stem and branch 3.0g	7. Sleep terror, night cry, tic disorder

78. Liver-Inhibiting Powder plus Tangerine Peel, Pinellia Tuber

抑肝散加陳皮半夏

Yi-Gan-San-Jia-Chen-Pi-Ban-Xia

yokukansankachimpihange

Composition	Indications
Japanese angelica root 3.0g	1. Anxiety disorder
Gambirplant hooked stem and branch 3.0g	2. Insomnia
Cnidium rhizoma 3.0g	3. Senile dementia
Atractylodes ovatae rhizoma 4.0g	4. Menopausal syndrome
Tuckahoe 4.0g	5. Parkinson's disease, Parkinson's syndrome
Bupleurum root 3.0g	6. Autism, ADHD
Licorice root 1.5g	7. Sleep terror, night cry, tic disorder
Tangerine peel 3.0g	8. Chronic gastritis
Pinellia tuber 5.0g	

79. Lung-Clearing Decoction

清肺湯

Qing-Fei-Tang

seihaito

Composition	Indications
Japanese angelica root 3.0g	1. Bronchitis
Dwarf lilyturf root 2.0g	2. Bronchiectasia
Tuckahoe 3.0g	3. Asthma
Scutellaria root 2.0g	4. Pneumonia
Balloonflower root 2.0g	
Bitter apricot kernel 2.0g	
Cape jasmine fruit 2.0g	
White mulberry root-bark 2.0g	
Chinese date 2.0g	
Tangerine peel 2.0g	
Licorice root 1-1.5g	
Chinese magnoliavine 0.5-2g	
Dried ginger 1.0g	
Bamboo shavings 2.0g	
Dwarf lilyturf root 3.0g	
Tendrilleaf fritillary bulb 2.0g	

80. Magnolia Flower, Lung-Clearing Decoction

辛夷清肺湯

Xin-Yi-Qing-Fei-Tang

shin'iseihaito

Composition	Indications
Common anemarrhena rhizoma 3.0g	1. Sinusitis
Scutellaria root 3.0g	2. Hypertrophic nasal polyp
Cape jasmine fruit 1.5-3g	3. Bronchitis
Dwarf lilyturf root 5-6g	4. Sino-broncho syndrome
Gypsum 6.0g	
Cimicifuga rhizoma 1-1.5g	
Magnolia flower 2-3g	
Lilii bulbus 3.0g	
Loquat leaf 1-3g	

81. Major Bupleurum Decoction

大柴胡湯

Da-Chai-Hu-Tang

daisaikoto

Composition	Indications
Bupleurum root 6.0g	1. Hypertension
Pinellia tuber 3.0-4.0g	2. Dyspepsia, acute and chronic gastritis
Dried ginger 4.0-5.0g	3. Cholelithiasis, cholecistitis, pancreatitis
Scutellaria root 3.0g	4. Hyperlipemia
White peony root 3.0g	5. Obesity
Chinese date 3.0g	6. Anxiety disorder, insomnia
Immature bitter orange 2.0g	7. Asthma
Rhubarb 1.0-2.0g	8. Alopecia areata
	9. Constipation

82. Major Bupleurum Decoction without Rhubarb

大柴胡湯去大黃

Da-Chai-Hu-Tang
daisaikotokyodaio

Composition	Indications
Bupleurum root 6.0g	1. Hypertension
Pinellia tuber 3.0-4.0g	2. Dyspepsia, acute and chronic gastritis
Dried ginger 1.0g	3. Cholelithiasis, cholecistitis, pancreatitis
Scutellaria root 3.0g	4. Hyperlipemia
White peony root 3.0g	5. Obesity
Chinese date 3.0g	6. Anxiety disorder, insomnia
Immature bitter orange 2.0g	7. Asthma
	8. Alopecia areata

83. Major Divaricate Saposhnikovia Decoction

大防風湯

Da-Fang-Feng-Tang
daibofuto

Composition	Indications
Astragalus root 3.0g	1. Rheumatoid arthritis
Dried rehmannia root 3.0g	2. Arthralgia (joint pain)
White peony root 3.0g	
Swordlike atractylodes rhizoma 3.0g	
Japanese angelica root 3.0g	
Divaricate saposhnikovia root 3.0g	
Cnidium rhizoma 2.0g	
Licorice root 1.5g	
Twotooth achyranthes root 1.5g	
Chinese date 1.5g	
Ginseng 1.5g	
Notopterygii root 1.5g	
Eucommia bark 3.0g	
Steamed and dried ginger 1.0g	
Prepared aconite root 0.5g	

84. Major Middle-Strengthening Decoction

大建中湯

Da-Jian-Zhong-Tang
daikenchuto

Composition	Indications
Ginseng 2-3g	1. Pleus
Zanthoxylum fruit 1-2g	2. Constipation
Steamed and dried ginger 3-5g	3. Urinary stone disease
Malt sugar 20.0g	

85. Major Purgative Decoction

大承氣湯

Da-Cheng-Qi-Tang
daijokito

Composition	Indications
Magnolia bark 5.0g	1. Constipation
Immature bitter orange 3.0g	
Rhubarb 2.0g	
Mirabilite 1.3g	

86. Meridian-Warming Decoction

溫經湯

Wen-Jing-Tang
unkeito

Composition	Indications
Dwarf lilyturf root 3-10g	1. Abnormal menstrual cycle (oligomenorrhea, polymenorrhea, menstrual irregularity)
Pinellia tuber 3-5g	2. Dysmenorrhea
Japanese angelica root 2-3g	3. Menopausal symptoms
Licorice root 2.0g	4. Progressive palmoplantar keratoderma
Cinnamon bark 2.0g	5. Chilblain
White peony root 2.0g	
Cnidium rhizoma 2.0g	
Ginseng 2.0g	
Tree peony bark 2.0g	
Medicinal evodia root 1-3g	
Dried ginger 1-2g	
Donkey-hide gelatin 2.0g	

87. Middle-Reinforcing and Qi-Benefiting Decoction

補中益氣湯

Bu-Zhong-Yi-Qi-Tang
hochuekkito

Composition	Indications
Astragalus root 3-4g	1. Increase of physical strength
Ginseng 4.0g	2. Chronic gastritis · anorexia
Licorice root 1-1.5g	3. Nutritional supplementation before and after surgical operation, radiation sickness (prevention and treatment)
Chinese date 2.0g	4. Myasthenia gravis
Japanese angelica root 3.0g	5. Atopic dermatitis
Tangerine peel 2.0g	6. Idiopathic renal hemorrhage
Dried ginger 0.5g	7. Infection caused by methicillin-resistant staphylococcus aureus
Bupleurum root 1-2g	
Cimicifuga rhizoma 0.5-1g	

88. Middle-Soothing Powder

安中散

An-Zhong-San
anchusan

Composition	Indications
Cinnamon bark 3-5g	1. Dyspepsia
Corydalis tuber 3-4g	2. Reflux esophagitis
Oyster shell 3-4g	3. Acute or chronic gastritis
Fennel fruit 1.5-2g	4. Gastroduodenal ulcer
Villous amomum fruit 1-2g	5. Chronic pancreatitis
Licorice root 1-2g	6. Dysmenorrhea
Lesser galangal rhizoma 0.5-1g	

89. Minor Blue Dragon Decoction

小青竜湯

Xiao-Qing-Long-Tang
shoseiryuto

Composition	Indications
Ephedra 2-3g	1. Allergic rhinitis · allergic conjunctivitis
Cinnamon bark 2-3g	2. Asthma, asthmatic bronchitis
Manchurian wildginger herb 2-3g	3. Common cold
Pinellia tuber 3-6g	4. Nephrotic syndrome
White peony root 2-3g	
Licorice root 2-3g	
Steamed and dried ginger 2-3g	
Manchurian wildginger herb 1.5-3g	

90. Minor Bupleurum Decoction

小柴胡湯

Xiao-Chai-Hu-Tang

shosaikoto

Composition	Indications
Bupleurum root 4.0-7.0g	1. Common cold, influenza
Scutellaria root 3.0g	2. Tonsillitis, otitis media
Chinese date 2.0-3.0g	3. Bronchitis, asthma
Ginseng 2.0-3.0g	4. Pleuritis
Licorice root 2.0g	5. Dyspepsia
Dried ginger 4.0g	6. Acute and chronic hepatitis
Pinellia tuber 4.0-5.0g	7. Anxiety disorder
	8. Subacute thyroiditis

91. Minor Bupleurum Decoction plus Poria Powder with Five Herbs

柴苓湯

Chai-Ling-Tang

saireito

Composition	Indications
Chinese date 2-3g	1. Nephrotic syndrome
Bupleurum root 4-7g	2. Chronic nephritis, IgA-nephritis
Scutellaria root 3.0g	3. Rheumatoid arthritis
Tuckahoe 3-4.5g	4. Serous otitis media
Cinnamon bark 2-3g	5. Gastroenteritis
Umbellate pore fungus 3-4.5g	6. Reproductive autoimmune failure syndrome (RAFS)
Licorice root 2.0g	
Dried ginger 4.0g	
Ginseng 2-3g	
Pinellia tuber 4-5g	
Arisma rhizoma 5-6g	
Atractylodes ovatae rhizoma 3-4.5g	

92. Minor Bupleurum Decoction plus Balloon Flower Root and Gypsum

小柴胡湯加桔梗石膏

Xiao-Chai-Hu-Tang-Jia-

Jie-Geng-Shi-Gao

shosaikotokakikyosekko

Composition	Indications
Bupleurum root 4-7g	1. Pharyngitis · tonsillitis · tonsillitis
Pinellia tuber 4-7g	2. Parotitis
Dried ginger 4.0g	3. Bronchitis
Scutellaria root 3.0g	4. Otitis media
Chinese date 2-3g	5. Subacute thyroiditis
Ginseng 2-3g	
Licorice root 2.0g	
Balloonflower root 3.0g	
Gypsum 10.0g	

93. Minor Middle-Strengthening decoction

小建中湯

Xiao-Jian-Zhong-Tang

shokenchuto

Composition	Indications
White peony root 6.0g	1. Dyspepsia
Cinnamon bark 3-4g	2. Constipation, irritable bowel syndrome
Chinese date 3-4g	3. Gastrointestinal ulcer
Licorice root 6.0g	4. Chronic hepatitis
Dried ginger 3-4g	5. Infirm constitution
Malt sugar 20.0g	

94. Minor Pinellia Decoction plus Tuckahoe

小半夏加茯苓湯

Xiao-Ban-Xia-Jia-Fu-Ling-Tan

shohangekabukuryoto

Composition	Indications
Pinellia tuber 5-8g	1. Morning sickness
Dried ginger 5-8g	2. Nausea, vomiting
Tuckahoe 3-5g	3. Hyperemesis gravidarum

95. Modified Back to the Spleen Decoction

加味帰脾湯

Jia-Wei-Gui-Pi-Tang

kamikihito

Composition	Indications
Ginseng 2-3g	1. Stasis, depressed state
Atractylodes ovatae rhizoma 2-3g	2. Insomnia
Tuckahoe 2-3g	3. Anxiety disorder
Astragalus root 2-3g	4. Dysfunctional uterine bleeding
Japanese angelica root 2.0g	5. ITP
Thinleaf milkwort root 1-2g	6. Anemia
Bupleurum root 3.0g	
Cape jasmine fruit 2.0g	
Licorice root 1.0g	
Aucklandia root 1.0g	
Chinese date 1-2g	
Dried ginger 1.5g	
Wild jujube seed 2-3g	
Longan aril 2-3g	

96. Modified Merry Life Powder

加味逍遥散

Jia-Wei-Xiao-Yao-San

kamishoyosan

Composition	Indications
Japanese angelica root 3.0g	1. Premenstrual syndrome
White peony root 3.0g	2. Dysmenorrhea
Atractylodes ovatae rhizoma 3.0g	3. Irregular menstruation
Tuckahoe 3.0g	4. Menopausal syndrome
Bupleurum root 3.0g	5. Chronic hepatitis
Tree peony bark 2.0g	6. Liver cirrhosis (early stage)
Cape jasmine fruit 2.0g	7. Chronic gastritis
Licorice root 1.5-2g	8. Irritable bowel syndrome
Dried ginger 1.0g	9. Anxiety disorder, insomnia
Wild mint 1.0g	10. Hand and finger dermatitis

97. Mystery Decoction

神秘湯

Shen-Bi-Tang

shimpito

Composition	Indications
Tangerine peel 2.5-3g	1. Bronchial asthma
Perilla leaf 1.5-3g	2. Bronchitis
Bupleurum root 2-4g	
Ephedra 3-5g	
Licorice root 2.0g	
Magnolia bark 3.0g	
Bitter apricot kernel 4.0g	

98. North Water God Decoction

真武湯

Zhen-Wu-Tang

shimbuto

Composition	Indications
Tuckahoe 5.0g	1. IBS, chronic diarrhea
White peony root 3.0g	2. Congestive heat failure
Dried ginger 1.0g	3. Vertigo, dizziness, meniere's disease
Atractylodes ovatae rhizoma 3.0g	4. Common cold - bronchitis
Prepared aconite root 1.0g	5. Nephritis - nephrotic syndrome
	6. Urticaria - pruritus

99. Open the Spleen Decoction

啓脾湯

Qi-Pi-Tang

keihito

Composition	Indications
Swordlike atractylodes rhizoma 4.0g	1. Chronic diarrhea
Tuckahoe 4.0g	2. IBS (diarrhea type)
Chinese yam 3.0g	
Ginseng 3.0g	
Oriental waterplantain rhizoma 2.0g	
Tangerine peel 2.0g	
licorice root 1.0g	
Lotus seed 3.0g	
Manchurian wildginger herb 2.0g	

100. Peach Kernel Purgative Decoction

桃核承氣湯

Tao-He-Cheng-Qi-Tang

tokakujokito

Composition	Indications
Peach kernel 5.0g	1. Constipation
Cassia 4.0g	2. Anxiety disorder, conversion disorder
Rhubarb 1-3g	3. Endometritis
Licorice root 1.5g	4. Contusion
Mirabilite 1-2g	5. Menopausal syndrome

101. Peony and Licorice Decoction

芍藥甘草湯

Shao-Yao-Gan-Cao-Tang

shakuyakukanzoto

Composition	Indications
White peony root 3-6g	1. Cramp of the leg muscles
Licorice root 3-6g	2. Hyper prolactinism
	3. Acne

102. Peony, Licorice and Aconite Decoction

芍藥甘草附子湯

Shao-Yao-Gan-Cao-

shakuyakukanzobushito

Composition	Indications
White peony root 3-6g	1. Low back pain
Licorice root 3-6g	2. Cramp of the leg muscles
Aconite root 1.0g	3. Dysmenorrhea

103. Pinellia and Magnolia Decoction

半夏厚朴湯

Ban-Xia-Hou-Pu-Tang

hangekobokuto

Composition	Indications
Pinellia tuber 5-6g	1. Anxiety disorder
Magnolia bark 3.0g	2. Dyspepsia
Tuckahoe 5.0g	3. Asthma
Perilla leaf 2.0g	4. Foreign-body sensation in the throat
Dried ginger 3-4g	

104. Pinellia Heart-Purging Decoction

半夏瀉心湯

Ban-Xia-Xie-Xin-Tang

hangeshashinto

Composition	Indications
Pinellia tuber 4-5g	1. Dyspepsia
Scutellaria root 2.5-3.0g	2. Acute and chronic gastritis
Steamed and dried ginger 2.0-2.5g	3. Gastroduodenal ulcer
Ginseng 2.5-3.0g	4. Irritable bowel syndrome
Licorice root 2.5-3.0g	5. Reflux esophagitis
Chinese date 2.5-3.0g	
Coptis rhizoma 1.0g	

105. Pinellia, Largehead Atractylodes and Tall Gastrodia Decoction

半夏白朮天麻湯

Ban-Xia-Bai-Shu-Tian-Ma-Tang

hangebyakujutsutemmato

Composition	Indications
Pinellia tuber 3.0g	1. Vertigo
Atractylodes ovatae rhizoma 3.0g	2. Meniere's syndrome (meniere's disease)
Swordlike atractylodes rhizoma 3.0g	3. Headache
Tangerine peel 3.0g	4. Dyspepsia
Tuckahoe 3.0g	5. Chronic sinusitis
Malt 1.5-2.0g	
Tall gastrodia rhizoma 2.0g	
Dried ginger 0.5-2.0g	
Astragalus Root 1.5g	
Ginseng 1.5g	
Arisma rhizoma 1.5g	
Chinese corktree bark 1.0g	

106. Poria Decoction with Four Herbs

四苓湯

Si-ling-Tang

shireito

Composition	Indications
Arisma rhizoma 4.0g	1. Edema
Tuckahoe 4.0g	2. Nephritis
Atractylodes ovatae rhizoma 4.0g	
Umbellate pore fungus 4.0g	

107. Poria Powder with Five Herbs

五苓散

Wu-Ling-San

goreisan

Composition	Indications
Arisma rhizoma 5.0-6.0g	1. Headache
Tuckahoe 3.0-4.5g	2. Rotavirus infection
Atractylodes ovatae rhizoma 3.0-4.5g	3. Edema
Umbellate pore fungus 3.0-4.5g	4. Cerebral edema in acute stage of cerebral infarction
Cinnamon bark 2.0-3.0g	5. Chronic nephritis
	6. Hydrocele testis
	7. Vertigo, dizziness

108. Powder for Five Kinds of Stagnations

五積散

Wu-Ji-San

goshakusan

Composition	Indications
Tuckahoe 2.0g	1. Enterogastritis (gastroenteritis)
Atractylodes ovatae rhizoma 3.0-4.0g	2. Low back pain
Tangerine peel 2.0g	3. Arthralgia; joint pain
Pinellia tuber 2.0g	4. Menalgia
Japanese angelica root 1.5-2.0g	5. Oversensitivity to cold
White peony root 1.0-2.0g	
Cnidium rhizoma 1.0-2.0g	
Magnolia bark 1.0-2.0g	
Dahurican angelica root 1.0-2.0g	
Immature bitter orange 1.0-2.0g	
Balloonflower root 1.0-2.0g	
Dried ginger 1.0-2.0g	
Cinnamon bark 1.0-2.0g	
Ephedra 1.0-2.0g	
Chinese date 1.0-2.0g	
Licorice root 1.0-2.0g	

109. Powder for Five Kinds of Stranguria

五淋散

Wu-Lin-San

gorinsan

Composition	Indications
Tuckahoe 5.0-6.0g	1. Cystitis·urethritis
Japanese angelica root 3.0g	2. Chronic prostatitis
Scutellaria root 3.0g	
Licorice root 3.0g	
White peony root 2.0g	
Cape jasmine fruit 2.0g	
Dried rehmannia root 3.0g	
Arisma rhizoma 3.0g	
Akebia stebia stem 3.0g	
Talc 3.0g	
Plantain seed 3.0g	

110. Pueraria Decoction

葛根湯

Ge-Gen-Tang

kakkonto

Composition	Indications
Pueraria root 8.0g(4.0g)	1. Common cold, influenza
Ephedra 4.0g(3.0g)	2. Neck pain, rotator cuff disorders
Chinese date 4.0g(3.0g)	3. Sinusitis, otitis media, conjunctivitis
Cinnamon bark 3.0g(2.0g)	4. Trigeminal neuralgia, facial paralysis
White peony root 3.0g(2.0g)	5. Temporomandibular arthritis
Licorice root 2.0g(2.0g)	6. Urticaria
Dried ginger 1.0g(1.0g)	7. Oligogalactia
	8. Stress urinary incontinence

111. Pueraria Decoction plus Atractylodes and Aconite

葛根加朮附湯

Ge-Gen-Jia-Shu-Fu-Tang

kakkonkajutsubuto

Composition	Indications
Pueraria root 4.0g	1. Trigeminal neuralgia
Ephedra 3.0g	2. Neck pain
Cinnamon bark 2.0g	3. Rotator cuff disorders (frozen shoulder)
Licorice root 2.0g	4. Headache
White peony root 2.0g	5. Chronic sinusitis
Chinese date 3.0g	
Dried ginger 1.0g	
Swordlike atractylodes rhizoma 3.0g	
Prepared aconite root 0.5g	

112. Pueraria Decoction plus Szeshwan Lovage and Magnolia Flower

葛根湯加川芎辛夷

Ge-Gen-Tang-Jia-Chuan-Xiong-Xin-Yi

kakkontokasenyushin'i

Composition	Indications
Pueraria root 8.0g(4.0g)	1. Acute or chronic sinusitis
Ephedra 4.0g(3.0g)	2. Allergic rhinitis
Chinese date 4.0g(3.0g)	3. Serous otitis media
Cinnamon bark 3.0g(2.0g)	
White peony root 3.0g(2.0g)	
Licorice root 2.0g(2.0g)	
Dried ginger 1.0g(1.0g)	
Cnidium rhizoma 2.0-3.0g	
Magnolia flower 2.0-3.0g	

113. Purple Cloud Ointment

紫雲膏

Zi-Yun-Gao

shiunko

Composition	Indications
Sesame oil 100.0g	1. Burn
Japanese angelica root 10.0g	2. Hemorrhoids
Lithospermum root 10.0g	
White beeswax 27.0g	
Lard 1.8g	

114. Pus-Discharging Powder and Decoction

排膿散及湯

Pai-Nong-San-Ji-Tang

hainosankyuto

Composition	Indications
Balloonflower root 4.0g	1. Suppuration
licorice root 3.0g	2. Palmoplantar pustulosis
Immature bitter orange 3.0g	3. Pyoderma
white peony root 3.0g	
Chinese date 3.0g	
Dried ginger 1.0g	

115. Rhubarb and Licorice Decoction

大黃甘草湯

Da-Huang-Gan-Cao-Tang

daiokanzoto

Composition	Indications
Rhubarb 4.0g	1. Constipation
Licorice root 1.0-2.0g	

116. Rhubarb and Moutan Bark Decoction

大黃牡丹皮湯

Da-Huang-Mu-Dan-Pi-Tang

daiobotampito

Composition	Indications
Rhubarb 1.0-2.0g	1. Appendicitis
Tree peony bark 4.0g	2. Constipation
Peach kernel 4.0g	3. Pelvic inflammatory disease
Mirabilite 4.0g	4. Hemorrhoids
Waxgourd seed 4.0-6.0g	

117. Roasted Licorice Decoction

炙甘草湯

Zhi-Gan-Cao-Tang

shakanzoto

Composition	Indications
Roasted licorice root 3.0-4.0g	1. Palpitation, arrhythmia
Dried ginger 1.0g	2. Hyperthyroidism
Cinnamon bark 3.0g	3. Angina pectoris
Hemp seed 3.0g	
Chinese date 3.0-5.0g	
Ginseng 2.0-3.0g	
Dried rehmannia root 4.0-6.0g	
Dwarf lilyturf root 6.0g	
Donkey-hide gelatin 2.0g	

118. Schizonepeta and Forsythia Decoction

荊芥連翹湯

Jing-Jie-Lian-Qiao-Tang

keigairengyoto

Composition	Indications
Japanese angelica root 1.5g	1. Common cold
White peony root 1.5g	2. Acute tonsillitis
Cnidium rhizoma 1.5g	3. Acute and chronic sinusitis
Dried rehmannia root 1.5g	4. Acne
Coptis rhizoma 1.5g	5. Atopic dermatitis
Scutellaria root 1.5g	
Chinese corktree bark 1.5g	
Cape jasmine fruit 1.5g	
Forsythia capsule 1.5g	
Fineleaf Schizonepeta herb 1.5g	
Divaricate saposhnikovia root 1.5g	
Wild mint 1.5g	
Mature bitter orange 1.5g	
Licorice root 1.0-1.5g	
Dahurican angelica root 1.5-2.5g	
Balloonflower root 1.5-2.5g	
Bupleurum root 1.5-2.5g	

119. Scutellaria Decoction

黃芩湯

Huang-qin-tang

ogonto

Composition	Indications
Scutellaria root 4.0g	1. Acute enteritis
White peony root 3.0g	2. Salmonella gastroenteritis, gastroenteritis caused by Escherichia coli
Licorice root 3.0g	
Chinese date 4.0g	

120. Seven Herbs Decoction for Hypertension

七物降下湯

Qi-Wu-Jiang-Xia-Tang

shichimotsukokato

Composition	Indications
Japanese angelica root 3.0-4.0g	1. Hypertension
White peony root 3.0-4.0g	2. Menopausal syndrome
Cnidium rhizoma 3.0-4.0g	
Dried rehmannia root 3.0-4.0g	
Gambirplant hooked stem and branch 3.0-4.0g	
Astragalus root 2.0-3.0g	
Chinese corktree bark 2.0g	

121. Six Gentlemen Decoction

六君子湯

Liu-Jun-Zi-Tang

rikkunshito

Composition	Indications
Ginseng 2.0-4.0g	1. Dyspepsia(GARD)
Atractylodes ovatae rhizoma 3.0-4.0g	2. Chronic gastritis
Tuckahoe 3.0-4.0g	3. Gastroduodenal ulcer
Pinellia tuber 3.0-4.0g	4. Anorexia
Tangerine peel 2.0-4.0g	5. Anxiety disorder
Chinese date 2.0g	6. Irritable bowel syndrome
Licorice root 1.0-1.5g	7. Reflux esophagitis
Dried ginger 0.5g	

122. Six-Ingredient Pill with Rehmannia

六味丸

Liu-Wei-wan

rokumigan

Composition	Indications
Dried rehmannia root 5.0-6.0g	1. Diabetes mellitus
Dogwood fruit 3.0g	2. Chronic nephritis, nephritic syndrome
Chinese yam 3.0g	3. Urge urinary incontinence, pllakiuria
Arisma rhizoma 3.0g	4. Prostatic hypertrophy, chr. prostatitis
Tuckahoe 3.0g	5. Low back pain
Tree peony bark 3.0g	6. Hypertension
	7. Growth failure

123. Stephania and Astragalus Decoction

防已黃耆湯

Fang-Yi(ji)-Huang-Qi-Tang

boigito

Composition	Indications
Astragalus root 5.0g	1. Osteoarthritis (of knee), hydroarthrosis
Fourstamen stephania root 4-5g	2. Rheumatoid arthritis
Atractylodes ovatae rhizoma 3.5g	3. Chronic nephritis, nephritic syndrome
Chinese date 3-4g	4. Idiopathic edema
licorice root 1.5-2g	5. Obesity
Dried ginger 3.0g	

124. Stomach-Calming Powder

平胃散

Ping-Wei-San

heisan

Composition	Indications
Swordlike atractylodes rhizoma 4.0g	1. Dyspepsia
Magnolia bark 3.0g	2. Acute and chronic gastritis
Tangerine peel 3.0g	3. Reflux esophagitis
Chinese date 2.0g	
Licorice root 1.0g	
Dried ginger 0.5-1.0g	

125. Stomach-Calming Powder and Poria Powder with Five Herbs

胃苓湯

Wei-Ling-Tang

ireito

Composition	Indications
Swordlike atractylodes rhizoma 2.5-3g	1. Dyspepsia
Magnolia bark 2.5-3g	2. Acute or chronic enterogastritis
Tangerine peel 2.5-3g	
Umbellate pore fungus 2.5-3g	
Arisma rhizoma 2.5-3g	
White peony root 2.5-3g	
Atractylodes ovatae rhizoma 2.5-3g	
Tuckahoe 2.5-3g	
Cinnamon bark 2-2.5g	
Chinese date 1.5-3g	
Dried ginger 1.5-2g	
Licorice root 1-2g	
Villous amomum Fruit 2.0g	
Coptis rhizoma 2.0g	

126. Stomach-Regulating Purgative Decoction

調胃承氣湯

Tiao-Wei-Cheng-Qi-Tang

choijokito

Composition	Indications
Rhubarb 2.0-2.5g	1. Constipation
Licorice root 1.0g	
Mirabilite 1.0g	

127. Summer Heat-Clearing and Qi-Benefiting Decoction

清暑益氣湯

Qing-Shu-Yi-Qi-Tang

seishoekkito

Composition	Indications
Ginseng 3.0-3.5g	1. Chronic hepatitis
Atractylodes ovatae rhizoma 3.0-3.5g	2. Anorexia
Dwarf lilyturf root 3.0-3.5g	3. Malaise
Japanese angelica root 3.0g	4. Heat stroke
Astragalus root 3.0g	
Tangerine peel 2.0-3.0g	
Chinese magnoliavine 1.0-2.0g	
Chinese corktree bark 1.0-2.0g	
Licorice root 1.0-2.0g	

128. Swordlike Atractylodes and Largehead Atractylodes Decoction

二朮湯

Er-Shu-Tang

nijutsuto

Composition	Indications
Atractylodes ovatae rhizoma 1.5-2.5g	1. Rotator cuff disorders
Tuckahoe 1.5-2.5g	2. Neck pain
Tangerine peel 1.5-2.5g	3. Osteoarthritis
Arisaematis tuber 1.5-2.5g	4. Low back pain
Nutgrass galingale rhizoma 1.5-2.5g	5. Rheumatoid arthritis
Scutellaria root 1.5-2.5g	
Clematidis root 1.5-2.5g	
Notopterygii root 1.5-2.5g	
Pinellia tuber 2.0-4.0g	
Swordlike Atractylodes rhizoma 1.5-3.0g	
Licorice root 1.0-1.5g	
Dried ginger 0.6-1.0g	

129. Szechwan Lovage and Angelica Decoction for Regulating Blood Flow

芎歸調血飲

Xiong-Gui-tiao-Xue-Yin

kyukichoketsuin

Composition	Indications
Japanese angelica root 2.0g	1. Subinvolution of uterus
Cnidium rhizoma 2.0g	2. Postnatal stasis
Dried rehmannia root 2.0g	3. Dysmenorrhea
Atractylodes ovatae rhizoma 2.0g	4. Premenstrual syndrome
Tuckahoe 2.0g	5. Dysfunctional uterine bleeding
Tangerine peel 2.0g	6. Osteoarthritis(knee)
Combined spicebush root 2.0g	7. Arteriosclerosis obliterans
Nutgrass galingale rhizoma 2.0g	8. ITP
Tree peony bark 2.0g	
Motherwort Herb 1.5g	
Chinese date 1.5g	
Licorice root 1.0g	
Dried ginger 1.0-2.0g	

130. Szechwan Lovage Rhizoma, Angelica Root, Ass-hide Glue and Argy Wormwood Leaf Decoction

芎歸膠艾湯

Xiong-Gui-Jiao-Ai-Tang

kyukikyogaito

Composition	Indications
Cnidium rhizoma 3.0g	1. Hemorrhoidal bleeding
Licorice root 3.0g	2. Dysfunctional uterine bleeding
Argyi leaf 3.0g	3. Anemia
Japanese angelica root 4.0-4.5g	4. ITP
White peony root 4.0-4.5g	
Dried rehmannia root 5.0-6.0g	
Donkey-hide gelatin 3.0g	

131. Tea-Blended Szechwan Lovage Powder

川芎茶調散

Chuan-Xiong-Cha-Tiao-San

senkyuchachosan

Composition	Indications
Dahurican angelica root 2.0g	1. Headache
Notopterygii root 2.0g	2. Common cold
Fineleaf Schizonepeta herb 2.0g	3. Allergic rhinitis
Divardicate saposchnikovia root 2.0g	4. Sinusitis
Wild mint 2.0g	
Licorice root 1.5g	
Green tea reef 1.5g	
Cnidium rhizoma 3.0g	
Nutgrass galingale rhizoma 4.0g	

132. Ten Strong Tonic Herbs Decoction

十全大補湯

Shi-Quan-Da-Bu-Tang

juzentaihoto

Composition	Indications
Ginseng 2.5-3.0g	1. Increase of physical strength after operation and after chemotherapy
Astragalus root 2.5-3.0g	2. Radiation sickness, radiation injury
Atractylodes ovatae rhizoma 3.0g	3. Anemia
Tuckahoe 3.0g	4. Puresure ulcer
Japanese angelica root 3.0g	5. MRSA infection
White peony root 3.0g	6. Rheumatoid arthritis
Dried rehmannia root 3.0g	7. Wasting state, wasting disease
Cnidium rhizoma 3.0g	
Cinnamon bark 3.0g	
Licorice root 1.5g	

133. Three Herbs Baikol Skullcap Decoction

三物黃芩湯

San-Wu-Huang-Qin-Tang

sammotsuogonto

Composition	Indications
Scutellaria root 3.0g	1. Palmoplantar pustulosis
Sophora root 3.0g	2. Hand and finger dermatitis
Dried rehmannia root 6.0g	3. Atopic dermatitis, eczema

134. Three Huang Heart-Clearing Decoction with Three yellow color Herbs

三黃瀉心湯

San-Huang-Xie-Xin-Tang

san'oshashinto

Composition	Indications
Rhubarb 1.0-2.0g	1. Acute or chronic gastritis
Scutellaria root 1.0-1.5g	2. Gastrointestinal bleeding
Coptis rhizoma 1.0-1.5g	3. Epistaxis, gingival bleeding
	4. Anxiety disorder, insomnia
	5. Hypertension
	6. Constipation

135. Tuckahoe Decoction

茯苓飲

Fu-Ling-Yin

bukuryoin

Composition	Indications
Tuckahoe 5.0g	1. Dyspepsia
Atractylodes ovatae rhizoma 4.0g	2. Acute or chronic gastritis
Ginseng 3.0g	3. Reflux esophagitis
Dried ginger 1.0-3.0g	
Tangerine peel 3.0g	
Immature bitter orange 1.0-2.0g	

136. Tuckahoe, Cassia Twig, Largehead Atractylodes and Licorice Decoction

苓桂朮甘湯

Ling-Gui-Shu-Gan-Tang

ryoikeijutsukanto

Composition	Indications
Tuckahoe 6.0g	1. Vertigo
Cinnamon bark 4.0g	2. Orthostatic hypotension
Atractylodes ovatae rhizoma 3.0g	3. Headache
Licorice root 2.0g	4. Meniere's syndrome (Meniere's disease)
	5. Hypotension

137. Tuckahoe, Ginger, Largehead Atractylodes and Licorice Decoction

苓姜朮甘湯

Ling-Jiang-Shu-Gan-Tang

ryokyojutsukanto

Composition	Indications
Tuckahoe 6.0g	1. Low back pain, sciatic neuralgia
Steamed and dried ginger	2. Frequent urination (pollakiuria)
Atractylodes ovatae rhizoma 3.0g	
Licorice root 2.0g	

138. Tuckahoe, Licorice, Dried Ginger, Schisandra, Manchurian Wildginger, Pinellia and Apricot Decoction

苓甘姜味辛夏仁湯

Ling-Gan-Jiang-Wei-Xin-Xia-Ren-Tang

ryokankyomishingeninto

Composition	Indications
Bitter apricot kernl 4.0g	1. Acute and chronic bronchitis
Pinellia tuber 4.0g	2. Bronchiectasis
Tuckahoe 4.0g	3. Pulmonary emphysema
Chinese magnoliavine 3.0g	
Licorice root 2.0g	
Manchurian wildginger herb 2.0g	
Steamed and dried ginger 2.0g	

139. Two Vintage Herbs Decoction

二陳湯

Er-Chen-Tang

nichinto

Composition	Indications
Pinellia tuber 5.0-7.0g	1. Acute or chronic gastritis
Tuckahoe 3.5-5.0g	2. Bronchitis
Tangerine peel 3.5-4.0g	
Dried ginger 1.0g	
Licorice root 1.0-2.0g	

140. Umbellate Fungus Decoction

猪苓湯

Zhu-Ling-Tang

choreito

Composition	Indications
Umbellate pore fungus 3.0g	1. Cystitis, urethritis
Tuckahoe 3.0g	2. Urinary calculus
Talc 3.0g	3. Hematuria
Arisma rhizoma 3.0g	
Donkey-hide gelatin 3.0g	

141. Uncaria Powder

釣藤散

Diao(gou)-Teng-San

chotosan

Composition	Indications
Gambirplant Hooked Stem and Branch 3.0g	1. Hypertension
Tangerine peel 3.0g	2. Headache
Pinellia tuber 3.0g	3. Vascular dementia
Dwarf lilyturf root 3.0g	4. Alzheimer disease
Tuckahoe 3.0g	5. Tinnitus
Ginseng 2.0g	6. Parkinson disease
Divaricate saphoshnikovia root 2.0g	7. Sequela of cerebrovascular system
Chrysanthemum flower 2.0g	
licorice root 1.0g	
Steamed and dried ginger 1.0g	
Gypsum 5.0-7.0g	

142. Warming and Clearing Decoction

溫清飲

Wen-Qing-Yin

unseiin

Composition	Indications
Japanese angelica root 3.0-4.0g	1. Atopic dermatitis, eczema
Dried rehmannia root 3.0-4.0g	2. Urticaria
White peony root 3.0-4.0g	3. Abnormal menstrual cycle (oligomenorrhea, polymenorrhea, menstrual irregularity)
Cnidium rhizoma 3.0-4.0g	4. Behcet's disease
Coptis rhizoma 1.5-2.0g	5. Hypertension
Scutellaria root 1.5-3.0g	6. Stomatitis
Cape jasmine fruit 1.5-2.0g	7. Endometriosis
Chinese corktree bark 1.5-2.0g	

143. White Tiger plus Ginseng Decoction

白虎加人參湯

Bai-Hu-Jia-Ren-Shen-Tang

byakkokaninjinto

Composition	Indications
Common anemarrhena rhizoma 5-6g	1. Diabetes mellitus
Gypsum 15-16g	2. Atopic dermatitis
licorice root 2.0g	3. Heat stroke
Ginseng 1.5-3g	4. Stomatitis
Rice 8-10g	5. Periodontal diseases
	6. Rheumatoid arthritis

144. Wild Jujube Seed Decoction

酸棗仁湯

Suan-Zao-Ren-Tang

sansoninto

Composition	Indications
Wild jujube seed 7.0-15.0g	1. Insomnia
Common anemarrhena rhizoma 5-6g	2. Anxiety disorder
Cnidium rhizoma 3.0g	3. Lethargy
Tuckahoe 5.0g	
Licorice root 1.0g	

145. Wind Dispersing Powder

消風散

Xiao-Feng-San

shofusan

Composition	Indications
Japanese angelica root 3.0g	1. Urticaria
Dried rehmannia root 3.0g	2. Atopic dermatitis, eczema
Gypsum 3.0-5.0g	3. Seborrheic dermatitis
Divaricate saphoshnikovia root 2.0g	4. Prurigo, strophilus
Swordlike atractylodes rhizoma 2.0g	
Akebia stebia stem 2.0-5.0g	
Arctium fruit 2.0g	
Common anemarrhena rhizone 1.5g	
Hemp seed 1.5g	
Cicada slough 1.0g	
Sophora root 1.0g	
Fineleaf schizonepeta herb 1.0g	
Licorice root 1.0-1.5g	

146. Yin Nourishing and Fire-Eliminating Decoction

滋陰降火湯

Zi-Yin-jiang-Huo-Tang

jiinkokato

Composition	Indications
Swordlike atractylodes rhizoma 3.0g	1. Chronic bronchitis
Dried rehmannia root 2.5g	2. Acute and chronic pharyngitis
White peony root 2.5g	3. Bronchiectasia
Tangerine peel 2.5g	
Dwarf lilyturf root 2.5g	
Chinese corktree bark 1.5g	
Licorice root 1.5g	
Common anemarrhena rhizoma 1.5g	
Cochinchinese asparagus root 2.5g	

147. Yin Nourishing Real Treasure Decoction

滋陰至寶湯

Zi-Yin-Zhi-Bao-Tang

jinshihoto

Composition	Indications
Nutgrass galingale rhizoma 2-3g	1. Acute or chronic bronchitis
Bupleurum root 1-3g	2. Bronchiectasia
White peony root 2-3g	
Common anemarrhena rhizoma 2-3g	
Tangerine peel 2-3g	
Japanese angelica root 2-3g	
Dwarf lilyturf root 2-3g	
Atractylodes ovatae rhizoma 2-3g	
Tuckahoe 2-3g	
Licorice root 1.0g	
Wild mint 1.0g	
Chinese wolfberry root-bark 2-3g	
Tendrilleaf fritillary bulb 1-2g	

148. Yue Bi Decoction for Relieving Edema plus Atractylodes

越婢加朮湯

Yue-Bi-Jia-Shu-Tang

eppikajutsuto

Composition	Indications
Gypsum 8.0g	1. Rheumatoid arthrites
Ephedra 6.0g	2. Osteoarthritis
Swordlike atractylodes rhizoma 4.0g	3. Gouty arthritis
Chinese date 3.0g	4. Atopic dermatitis
Licorice root 2.0g	5. Nephritis, nephrotic syndrome
Dried ginger 1.0g	6. Allergic rhinitis
	7. Herpes zoster

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