

## Editorial

### *Announcement of WFAS Tokyo/Tsukuba 2016*

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President Message

#### **The Art of Acupuncture and Moxibustion**

**– For sustainable health care and health promotion**



Shuji Goto, President of WFAS TOKYO/Tsukuba 2016

The history of acupuncture and moxibustion reveals their development based on tradition and innovation. During the Neolithic era the Henseki was invented in China. The Henseki is said to be one of the first hand-made medical tools used to fight some forms of illness developed through creative imagination. As civilization advanced through the Bronze and Iron ages, the treatment and tools of acupuncture were developed in accordance with timely innovations. Acupuncture was a practical and effective medical treatment at that time. As civilization moved forward it continued to be improved.

Knowledge and information of treatment and care experience accumulated for many centuries has been analyzed and eventually systematized as an oriental medical philosophy. It deals with the quest and search of the substance of life even in science and philosophy in the field of space physics. As we look into the development and innovation of its treatment skills, theories and tools we consider the relationship of nature, the social environment and the balance of illness and health.

Today acupuncture medicine is spreading as an integral part of integrated medicine which requires close collaboration with western medicine. Oriental medicine is now known to be useful in the fields of disaster emergency care, care for the aged, terminal care, preventive medicine and the overall health of individuals.

Acupuncture medicine, as one of the oldest forms of medical treatment, has continued to develop and is widely accepted worldwide. Its focus on the latest notion of a healthful life makes a definite contribution to the wide diversity of different cultures.

The future of acupuncture medicine will continue to develop while calling on us to solidify the connections between life, survival and health care. These actions will continue to sustain the value of acupuncture as a positive medical resource. We should not limit ourselves in the framework of tradition itself. We must stay flexible as we deal with changes in medicine and social development while showing our dynamic contribution to the model of sustainable health care.

The “Art of Acupuncture and Moxibustion” has for many centuries helped sustain the shining power of life. The “Art of Acupuncture and Moxibustion” lives on with a very bright future.

In accordance with the above themes we are striving and expecting to make this coming academic conference in Japan after 23 years absence so fruitful and meaningful to every participant.

The renowned beauty of autumn leaves of November will also await your visit with cordial welcome.

Hoping to meet everyone of you there.