## **Conference Report**

A Letter from the 67th General Assembly of The Japan Society for Oriental Medicine Kazunari Ozaki Departement of Geriatric Medicine Itami City Hospital

Key words: The Japan Society for Oriental Medicine (JSOM), The 67th General Assembly of the Japan Society for Oriental Medicine, *Kampo* medicine, International Organization for Standard (ISO)

## 1. Introduction

*Kampo* medicine is a medical system that has been traditionally practiced in Japan, based on ancient Chinese traditional medicine. The Japan Society for Oriental Medicine (JSOM) is the largest and one of the most active medical societies on *Kampo* medicine in Japan. As of June, 2016, the JSOM has a total of more than 9000 members. It was established to improve the quality of life (QOL) of the people by sharing research results on health, welfare, and medical science, functioning as a worldwide network to realize the aim. It became a member of the Japanese Association of Medical Sciences in 1991<sup>(1)</sup>.

The 67th General Assembly of the JSOM took place June 3-5, 2016 at Sunport Hall Takamatsu, Kagawa International Conference Hall, and JR Hotel Clement Takamatsu in Takamatsu, Japan<sup>(2)</sup>. The General Assembly was organized by JSOM and supported by the Japan Medical Association, the Japan Dental Association. the Japan Pharmaceutical Association. the Japan Acupuncture and Moxibustion Association, the Japan Society of Acupuncture and Moxibustion, Tokushima Medical Association, Kagawa Medical Association, Kochi Medical Association, Ehime Medical Association, Tokushima Pharmaceutical Association, Kagawa Pharmaceutical Association, Kochi Pharmaceutical Association, and Ehime Pharmaceutical Association. The conference was attended by 2509 researchers, acupuncturists and physicians from all over the world – primarily

from Japan – who exchanged opinions and presented studies on diverse *Kampo* medical research fields in over 100 sessions including 14 symposiums, 13 training sessions, 5 workshops and 25 seminars<sup>(3)</sup>.

## 2. Sessions

This General Assembly is designed for researchers and scholars to present various studies on its theme, which is "The inheritance of *Kampo* paradigms and its paradigm-shift ----Bridging *Kampo*, Science, and Practice". The conference was a great success with some standees on the section of general lectures and of acupuncture and moxibustion. There were some educational seminar on *Kampo* for physicians, acupuncturists and pharmacists.

In the afternoon session on June 3rd, there was a clinical symposium on traditional medicine, which theme was "The Kampo paradigms and its paradigm-shift from the standpoint of history". Dr. Tatsuhiko SUZUKI (Teikyo Heisei Univ, Chiba, Japan / Oriental Medicine Research Center, Kitasato University, Tokyo, Japan) has given a speech on "From Sanki TASHIRO to Dosan MANASE--- The dawning of Kampo medicine (of Goho-ha school) from the view point of the inheritance of the drug theories for the diagnosis and use of crude drugs". Dr. Masakazu YAMASAKI (Kampo-Kyoguchimon Clinic. Hiroshima, Japan) has made a lecture on "On a Paradigm Shift of Kampo Medicine by Todo YOSHIMASU'. Dr. Yoshihide YAKAZU (Department of Anesthesiology, Tokyo Medical University, Tokyo, Japan) has made а presentation on "On a Paradigm Shift of Kampo Medicine by Dr. Domei YAKAZU and Dr. Keisetsu OTSUKA". There were some meetings including the annual general meeting of members.

In the morning session on June 4th, there was a presidential lecture on traditional medicine, which theme was "The effectiveness of *Kampo* medicine for extension of healthy life expectancy and anti-unhealthy-aging. --- focusing especially on

experimental research---". Prof. Hiroshi SHIMIZU (The University of Tokushima, Tokushima, Japan / Toyo Hospital, Tokushima, Japan) has given a lecture on the relation between kidney deficiency (腎虚) and hypothalamo-pituitary-adrenal system.

At "The Japan-Korea academic symposium on Kampo medicine and traditional Korean medicine", which theme was clinical use of goshakusan (五積 散<sup><jp></sup>, Powder of five kinds of Stagnations, Wu-Ji-San), Dr. Takashi SEKI (Division of Geriatric Behavioral Neurology, Tohoku University CYRIC, Sendai, Japan) has made a lecture on "Kampo and traditional Korean medicine extract formulation for prescription in Japan and Korea", and Prof. Dongwoo NAM (Depertment of Acupuncture and Moxibustion Medicine, College of Korean Medicine, Kyung Hee University, Seoul, Korea) has made a presentation on "Introduction of Ojeoksan usage in Korean clinics". Furthermore, Prof. Sung-Yoon Kim (Depertment of Acupuncture and Moxibustion Medicine, College of Korean Medicine, Kyung Hee University, Seoul, Korea) has given a speech on "Introduction of Ojeoksan studies in Korean", and Dr. Masao OGAWA (Kanazawa Medical University, Uchinada, Ishikawa, Japan) has presented on "On goshakusan (五積散 <ip>, Powder of five kinds of Stagnations, Wu-Ji-San) configuration and on the history of the change of secret oral teachings in the Kampo-sects by the masters".

In the afternoon session on June 4th, there was a symposium, which theme was "Who is 'the Globalization of Traditional Medicine' for? (What Kind of Traditional Medicine do Patients Desire in globalism?)", by the International Committee and the Terminology Committee of the JSOM. Prof. Shuji YAKUBO (Department of Medicine, Nihon University School of Medicin, Tokyo, Japan) has introduced on "Who is 'ICD-11' for?", and Prof. Yukihiro GODA (National Institute of Health Sciences, Tokyo, Japan) has presented on "Activity of the Western Pacific Regional Forum for the Harmonization of Herbal Medicines (FHH)". Furthermore, Prof. Takao NAMIKI (Department of Japanese-Oriental (Kampo) Medicine, Chiba

University Graduate School of Medicine, Chiba, Japan) has given a speech on "Status Quo and prospect of ISO/TC 249", and Dr. Maiko TANOUE (School of Law, Senshu University, Tokyo, Japan) has made a presentation on "International trends with respect to protection of the traditional intellectual property and impact on Japanese traditional medicine".

In the morning session on June 5th, there was an invited lecture. Prof. Carl-Hermann HEMPEN (the Technical University Munich for Traditional Chinese Medicine, Munich, Germany) has introduced on "Education and practice of Traditional Chinese Medicine in Europe".

In the afternoon session on June 5th, there were some Kampo seminars for medical instructors in Kampo medicine, residents who were going to be board certified specialties of Kampo medicine, and pharmacists who specialize in Kampo medicine. And there was a symposium, which theme was "Restoration of acupuncture and moxibustion". Dr. Kazu MURAI (Kazu clinic, Wakayama, Japan) has presented on "Personal clinical experience on the marvelous clinical effects of acupuncture and moxibustion", and Prof. Hitoshi YAMASHITA (Morinomiya University of Medical Sciences, Osaka, Japan) has introduced on "Evidence Based Medicine and Acupuncture and Moxibustion: the Status Quo and Problems". Furthermore, Prof. Akira KAWASHIMA (Tokyo Ariake University of Medical and Health Sciences, Tokyo, Japan) has given a speech on "How can we save Japan by prevention of disease?: the Status Quo and Problems of Acupuncture and Moxibustion in Environments", and Prof. Medical Ikurou WAKAYAMA (Kansai College of Oriental Medicine, Osaka, Japan) has made a presentation on "Future Approaches of Acupuncture and Moxibustion".

In the morning session on June 4-5th, there were four acupuncture and moxibustion seminars for physicians.

3. Concluding remarks and about the upcoming congresses.

All the participants agreed that the General Assembly was an academic event of *Kampo* medicine with high level and standard. The researchers, pharmacists, acupuncturists and physicians of the *Kampo* Medicine have obligation to improve the quality of life (QOL) of people all over the world by sharing study results on health, welfare, and medical science.

There will be the 68th General Assembly of The Japan Society for Oriental Medicine (JSOM) in Nagoya, Japan (June 2-4, 2017) <sup>(4)</sup>. The theme of this future conference will be "Establishment of *Kampo* medicine. — Strive for development of *Kampo* medicine and cooperation among *Kampo* sects". In view of JSOM's long experience in organizing important events and of the city's main congress facilities, the 68th General Assembly of the JSOM 2017 will be sure not to disappoint.

<sup>1</sup> Homepage of the Japanese Association of Medical Sciences. http://jams.med.or.jp/memberss/87.html [the last date of access September18, 2016]

<sup>2</sup> Homepage of the 67th General Assembly of the Japan Society for Oriental Medicine.

http://www.pcojapan.jp/jsom67/ [the last date of access September18, 2016]

<sup>3</sup> Abstracts of the 67th General Assembly of the Japan Society for Oriental Medicine. Kampo Medicine (extra issue), 2016; 67: 1-394.
<sup>4</sup> Homepage of the 68th General Assembly of the Japan Society for Oriental Medicine. http://www.ccs-net.co.jp/touyo68/ [the last date of access September18, 2016]