

Conference Report

Impressions of the 3rd ISJKM

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Introduction

The 3rd International Symposium for Japanese Kampo Medicine (ISJKM) was held in Vienna, Austria on June 19, 2015.

The symposium was first organized by Dr. Heidrun Reissenweber-Hewel from Germany and held in Munich on November 25, 2011, by taking a cue from the 5th International Congress of Complementary Medicine Research (ICCMR), which was held in Tromsø, Norway in the previous year in 2010 in the style of a satellite symposium on Kampo medicine. It was the first attempt of its kind, but the symposium was well attended by some 80 participants and ended successfully.

The second ISJKM was held in London on April 10, 2013, ahead of the ICCMR for that year. Many participants flew in from Japan and took part in fruitful discussions.

The recent 3rd ISJKM, held in Vienna under the chairmanship of Dr. Bernd Kostner, became an even more productive forum in light of the experience of the past two symposiums. The conference room at Hotel de France, located near the University of Vienna, was crowded with some 80 participants who were already seated by 9 a.m. and waiting for the symposium to open. With the attendance of roughly 20 participants from Japan and 60 participants from Europe (Germany, Austria, Spain, and the United Kingdom), the United States, Brazil and Israel, the symposium venue was filled with an air of excitement from the start.

In addition to the Japan Society for Oriental Medicine, the symposium was also sponsored by the German Medical Association of Acupuncture (DÄGfA) and the Austrian Society for Acupuncture (ÖGA), and for the first time this year, it also received support from the Association of

Pharmacists in Vienna. This is but one indication that Kampo medicine has become a subject of global-scale discussion.

Opening Ceremony and Symposium Proceedings

The symposium opened in a relaxed and friendly atmosphere, as Dr. Bernd Kostner, chairman of the symposium who resides in Vienna, gave a welcome address, followed by greeting remarks by Dr. Reissenweber-Hewel, Chairman of ISJKM, the chairman of ÖGA, and Dr. Stör, Chairman of DÄGfA.



Dr. Kostner



Dr. Reissenweber-Hewel

The program was as follows.

Oral Presentation

Session A: Introduction and Historical Aspects

The special characteristics of Japanese Kampo Medicine

Heidrun Reisenweber-Hewel, Clinic for Japanese Medicine, and Competence Centre for Complementary Medicine, Techn. University, Munich, Germany



Clinical efficacy of Kampo therapy in pediatric lymphangiomas - a pilot study -

Naoki Hashizume, Kurume University, Kurume, Japan



On the “Japanization” of materia medica studies (honzō-gaku) in 17th-century Japan

Wolfgang Michel-Zaitsu, Kyushu University, Fukuoka, Japan



Integration of a Kampo medicine, Nijutsuto, and Western medical treatment in the treatment of long-term refractory frozen shoulder: A case series

Young-Chang Arai, Aichi Medical University, Nagakute, Japan



How do medical illustrations of the Tokugawa period reflect Japanese society and science of the time?

Gretchen De Soriano, University of Westminster, London, UK



Kampo medicine for alleviation of symptoms of pediatric cancer patients: A case series

Keiko Ogawa, Kanazawa University, Kanazawa, Japan



Session B: Preclinical Actions and Clinical Efficacy

Daikenchuto, a Kampo medicine, ameliorates post-operative ileus by anti-inflammatory action through nicotinic acetylcholine receptors

Tetsuro Oikawa, Kitasato University, Tokyo, Japan



Session C: Standardization and Methodology of Kampo Medicine

Kampo practice standardization project

Hiroshi Odaguchi, Kitasato University, Tokyo, Japan



Effects of Leonurus japonicus Houtt. and eight of its bio-active constituents on the activity of PPAR α , δ , and γ in a newly developed in vitro luciferase reporter gene assay

Kenny Kuchta, Sanyo Gakuen University, Okayama, Japan



Visualization and standardization of Japanese Kampo Medicine by a large clinical database

Tetsuhiro Yoshino, Keio University, Tokyo, Japan



Systematic review on the use of Kampo diagnosis in randomized controlled trials of Kampo medicines

Yoshiharu Motoo,
Kanazawa Medical
University, Uchinada,
Japan



Case report writing: A new competency for the internationalization of Kampo

Gregory Plotnikoff,
Penny George Institute
for Health and Healing,
Minneapolis, USA



Session D: International Aspects of Kampo Medicine

Field trial of Traditional Medicine Chapter in ICD-11

Kenji Watanabe,
Japan Society for Oriental
Medicine, Tokyo, Japan
and
Nenad Kostanjsek, WHO,
Geneva, Switzerland



Registration of herbal medicinal products in the EU

Astrid Obmann, Austrian
Medicines and Medical
Devices Agency, Vienna,
Austria



How can European physicians become acquainted with Kampo?

Ulrich Eberhard, Kampo
Clinic, Madrid, Spain
and Sigrid Bormann,
Kampo Clinic, Luneburg,
Germany



Poster Session

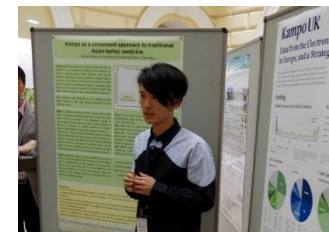
1. Kampo as a convenient approach to traditional Asian herbal medicine

Tobias Ahrens, University
of Duisburg-Essen,
Germany



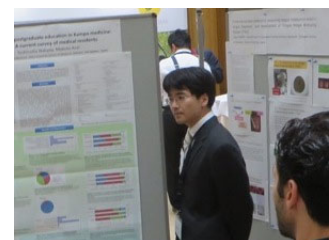
2. Data from the electronic Publication on Kamp5 in Europe, and a strategy for Kampo UK in 2015

Takuya Furukawa,
Gretchen De Soriano,
Atsuko Fritz,
UK Kampo Association,
London, United Kingdom



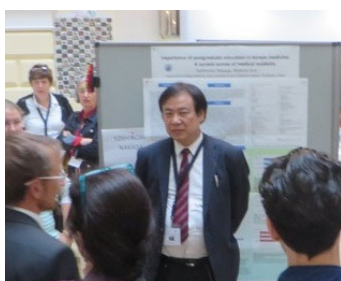
3. Importance of postgraduate education in Kampo Medicine: A current survey of medical residents

Yoshinobu Nakada,
Makoto Arai Department of
Kampo Medicine,
Tokai University School of
Medicine, Kanagawa,
Japan



4. A new non-contact method for measuring tongue moisture to assist in tongue diagnosis, and development of a Tongue Image Analyzing System (TIAS)

Takao Namiki¹⁾,
Toshiya Nakaguchi²⁾,
Kanao Takeda³⁾,
Yuya Ishikawa¹⁾,
Takeshi Oji¹⁾,
Satoshi Yamamoto³⁾,
Norimichi Tsumura⁴⁾,

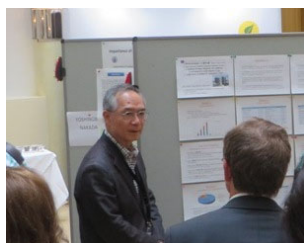


Keigo Ueda, Koichi Nagamine, Yoichi Miyake²⁾

1) Department of Japanese-Oriental (Kampo) Medicine, Graduate School of Medicine, Chiba University, 2) Center for Frontier Medical Engineering, Chiba University, 3) Graduate School of Engineering, Chiba University; 4) Graduate School of Advanced Integration Science, Chiba University, Japan

5. Shokenchuto, a popular Kampo Medicine for children: a retrospective study based on the experience of pediatric outpatient clinics

Akira Saito and Takeshi Sakiyama, Department of Pediatrics and General Internal Medicine, St. Marianna University School of Medicine, Kanagawa, Japan



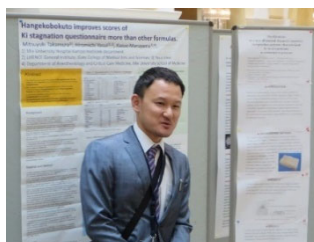
6. Observing whole body responses to develop knowledge of a Kampo prescription

Shaun Sutton
Clinic for Traditional East Asian Medicine, London, United Kingdom



7. Hangekobokuto improves scores of ki-stagnation questionnaire more than other formulas

Mitsuyuki Takamural¹⁾,
Hiromichi Yasui²⁾,
Kazuo Maruyama³⁾



1) Mie University Hospital Kampo Medicine Department, 2) Yasui

Clinic, 3) Department of Anesthesiology and Critical Care Medicine, Mie University School of Medicine, Tsu, Japan

8. Modifications to a new abdominal diagnosis simulator to reproduce patterns characterized by local Variations in resistance to pressure

Shuji Yakubo¹⁾²⁾, Yukiko Ueda²⁾, Kazuhiro Muroga¹⁾, Naomichi Tanekura¹⁾, Tomoyuki

Okudaira¹⁾, Toshifumi Sasanuma¹⁾, Masdayoshi Souma¹⁾, Takao Namiki³⁾, Takashi Nakayama⁴⁾ and Kazufumi Yamanaka⁴⁾



1) Division of Integrated Herbal Medicine, Department of Medicine, Nihon University School of Medicine; 2) Kampo Institute in Japan, 3) Department of Japanese-Oriental (Kampo) Medicine, Graduate School of Medicine, Chiba University, 4) Nomura Techno Co., Ltd.

9. Efficacy of shigyakusan in modern society from a global perspective-stress evaluation by chronological analysis as comprehensive interview method

Den-ichiro Yamaoka
Department of East Asian Traditional Medicine, Ehime Prefectural Central Hospital, Matsuyama, Japan



10. Japanese herbal medicines (Kampo) in a German university

Silke Cameron
Hospital Environment
Department for Gastroenterology and Endocrinology,
University Medicine Göttingen, Germany





Audience of the Poster session



In the Heurige

Social Gathering

After the symposium program was completed, the participants headed to a *heuriger* in the suburbs of Vienna by bus. A *heuriger* is a wine tavern that is commonly found in eastern Austria. The mixed group from various countries took to eight tables of six to eight people each, and enjoyed the genial atmosphere while discussing academic issues, introducing themselves to each other, and sharing stories about their personal interests and a host of other topics. Time passed quickly, and it was close to 11 p.m. by the time everyone headed back home or

to their hotels feeling fully content with the evening.

Conclusion

The 3rd ISJKM was completed in what could be said to be perfect success, owing to the passion and dedication of all who participated. The next symposium will be held in 2017 as a sort of foregoing event to the ICCMR that is scheduled to take place in Berlin. The participants of the 3rd ISJKM already have their hearts set on attending it. It will no doubt be a superb event.



Members of the General Meeting held on the following day:
Dr. Kostner, center-left in front row, Dr. Reissenweber-Hewel, center-right in front row